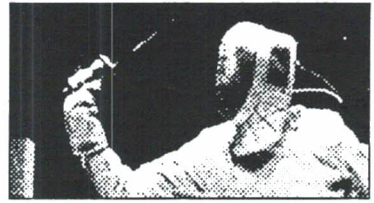
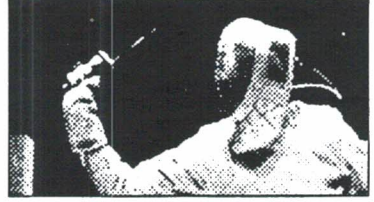


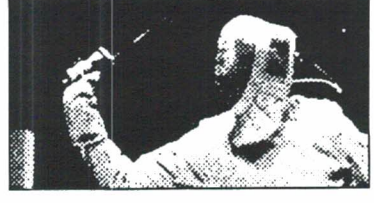
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EN GARDE! Magazine Vol. 2, Nos. 3 & 4

World Cup Men's Sabre

USFA World Cup Sabre in Herndon, Virginia; March 16 & 17, 1991

For the Gold and Silver

Felix Becker(FRG) d. Jorg Kempenich(FRG) 2-0 (5-3, 5-3)

Bronze

Giovanni Scalzo(ITA) d. Jacek Huchwajda(FRG) 2-0 (5-3, 6-4)

SemiFinals

Jorg Kempenich d. Giovanni Scalzo 2-1 (6-4, 5-6, 6-3);

Felix Becker d. Jacek Huchwajda 2-0 (6-4, 6-5)

Quarterfinalists, places 5-8

Felix Becker d. Samir Ibragulimov(USSR) 2-1 (5-6, 5-2, 5-4);

Jacek Huchwajda d. Imre Bujdosó(HUN) 2-1 (5-3, 4-6, 5-2);

Jorg Kempenich d. Bence Szabó(HUN) 2-1 (5-6, 5-3, 6-5);

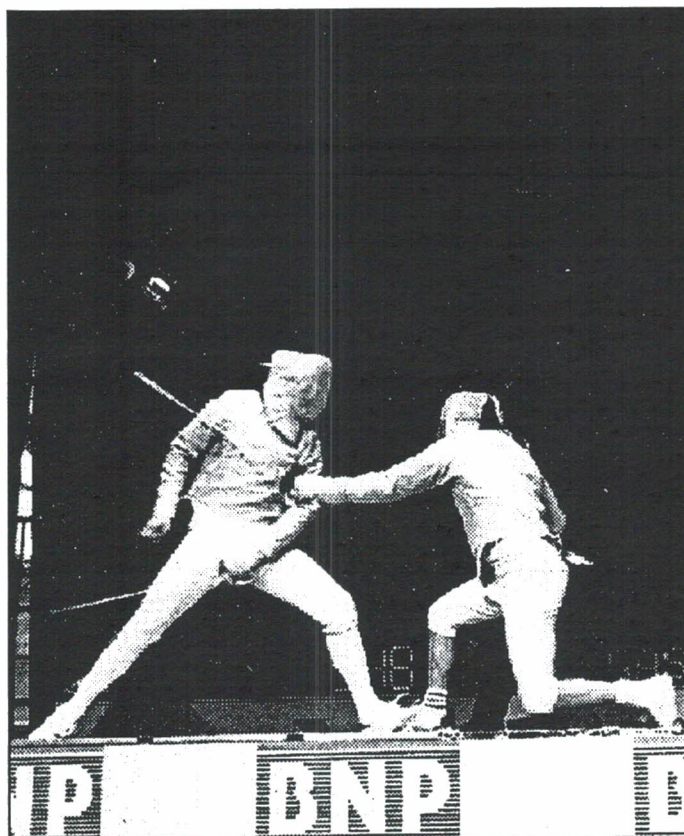
Giovanni Scalzo d. Franck Duchelx(FRA) 2-0 (6-5, 5-3).

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14 Sergei Mindirgassov(stateless)	27 Marco Marin(ITA)
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1990 World Fencing Championships: Hungarian sabre legend Gyorgy Nebald (R) attacks Sergei Mindirgassov of the Soviet Union. Nebald takes the gold after defeating Pogosso, as well as the bronze at the '91 Worlds.

Photograph courtesy of Albert Axelrod ©1990

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EN GARDE!

EN GARDE! celebrates its fifth & sixth issues. Thank you again to all our subscribers and readers. We continue to bring you in-depth training coverage and complete results coverage for major competitions.

I. In-depth training coverage

En Garde! keeps you informed on the best methods and key developments in all aspects of training, and presents you information which will help you improve both your fencing skills and results, and deepen your understanding of fencing, regardless of your age or skill level. *We invite readers to share questions on fencing. In fact, we reserve space in every issue to answer any and all questions you have on fencing.* You will find it easy to use the articles printed here to reinforce your lessons and instruction. The methods and information that *EN GARDE!* provides are not personal opinions, but based on studies and research, as well as the experience of coaches from around the world. So, if you read *EN GARDE!* carefully and apply it to your fencing, you can only become a better fencer.

II. Out-in-front on results

In this issue we cover the 1991 Senior World Championships, as well as additional selected international World Cup events. We also cover North American Circuit Results from NAC #2 during 1991, as well as the 1991-92 season's first circuit event. In the upcoming issue we provide complete 1992 World Championships results—*EN GARDE!* is the only forum for reading these complete results. We will cover the season's remaining circuit events, which should be quite exciting given that this is an Olympic year. Good luck and good fencing to all those that are Olympic hopefuls, and even all beginning fencers as well. In all probability 1992 National Championships results will not be covered in the next issue as they are (usually) carried in their entirety in *American Fencing*. Should you be traveling to an international competition, the editor always appre-

ciates a copy of any available results (which surprisingly, are not always forwarded to our USFA).

III. Upcoming issues

The upcoming issue will bring you more on the important topic of maintaining a training diary, as well as an interview with Kornel Horvath, coach of the 1989 world epee champion from Spain, Spain's first. Note, as previously stated *EN GARDE!* will experiment with format changes from time to time, possibly combining issues to reduce operating expenses. The projected schedule for mailings for the year's remaining issues is given here:

1992
Fall

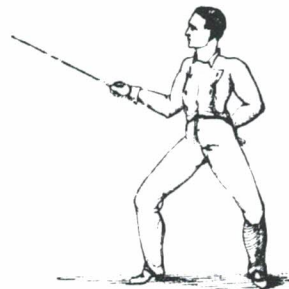
Triple Issue
Vol. 2, No. 5
Vol. 2, No. 6
Vol. 2, No. 7

This is planned as a lengthy combined issue. This schedule will conclude the final issues of *EN GARDE!*, and remains subject to revision due to operating and budgetary constraints. See the note in the Classifieds on page 8 concerning ordering back issues.

III. Readers' comments

As always, readers' comments and suggestions are invited. Please note well that they must be received *by the end of May* to appear in the next issue. A thank you to all readers who have enthusiastically replied so far. Include a question about fencing as well; a reply will be made in the *Ask the Maestro* column.

So, are you ready? Then EN GARDE!



Dr. Aladar Kogler, *EN GARDE!*'s Founder

Aladar Kogler was born and educated in Hungary, where he studied physical education and sports psychology, earning a Ph.D. in both of these subjects. He served as full professor of sports psychology at Comenius University in Bratislava, Czechoslovakia, as well as Chairman of the National Coaches Academy. For fifteen years, until he left for the U.S. in 1981, he was also head coach of the Czechoslovakian national fencing team.

Dr. Kogler was the first U.S. National Coach, and has been coach of the U.S. Olympic, Pan-American, World University

Games, and World Championships teams. Currently, he coaches at Columbia University, the New York Fencers' Club, and the New York Athletic Club.

In addition, he has published over ten books and twenty-five scientific studies, and directed the Sports Psychological Laboratory at Columbia University, while serving as the sport psychologist for Columbia athletics. Dr. Kogler's other appointments include Co-Technical Director of the Olympic Fencing Sports Medicine Project, and the Vice Chairman of the Sports Medicine Committee of the USFA.

Basic Concepts

Planning for the fencer: Construction of a yearly, monthly, weekly, and daily training schedule

Construction of the training process consists of three important aspects:

1 Planning or Goal-Setting;

2 Administration—Constant control of the training process through recording and analysis of the work that has been completed in training, and control of the fencer's state of fitness, *i.e. the biological, technical, psychological and tactical preparedness of the competitor*; and

3 Correction—Exercising control over ones regimen by recognizing errors in training plans and determining the appropriate correction and/or desired modification.

Planning

Planning is a scientific prognosis or forecast of the development of a certain activity. It is a continuous, dynamic process in which projections help guide actions whose results produce revisions which feed back into projections.

Planning is the basis of direction in sport training; it is the starting point from which a regimen emerges.

We must recognize different periods of planning based on the period of time involved. Long term planning usually projects 12-15 years ahead. It can in turn be divided into three subphases:

1 The Starting Period—This period usually lasts 1-2 years. It is completed when basic fencing techniques are learned and the student is achieving results at a junior level.

2 The Training Period—This period lasts 4-5 years. The goal is to achieve a high degree of fencing proficiency and results. The actual length of this period depends on the talents of the student.

3 The Period of Perfection—The goal

of this period is to achieve world class results. The length of this period can last from 2-3 to 10-15 years. Some fencers have maintained this world class level for even longer periods of time.

In the long-term preparation process the first period is especially important, *i.e.* the starting period overlapping with the second period, or approximately the

“Planning is the basis of direction in sport training; it is the starting point from which a regimen emerges. We must recognize different periods of planning based on the period of time involved.

Long term planning usually projects 12-15 years ahead. . . .”

first 2-3 years. According to Soviet statistics, the average time period for progressing from a junior class level to a “master of sport” or world class level is 6 years for women and 5-7 years for men. All beginners, without exception and regardless of talent level, must go through a comprehensive, relatively long-term basic preparation. Ideally, this comprehensive preparation is specifically suited to fencing.

Planning can be further categorized into cycles:

- 4-year planning cycle (Olympic cycle),
- 1-year planning cycle (standard cycle),
- 1-month planning cycle (macro

En Garde!

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cycle),
1-week planning cycle (micro cycle).

Guidelines for 1-year and (monthly) macro cycle planning

- 1** Set your main target goals for the-season, *i.e.*, to make the national team, the Olympic team, etc.
- 2** Select the main target competitions and all other competitions you intend to attend according to their importance.
- 3** Decide upon the type of cycle you will implement and train according to, *e.g.*, single, double, triple, etc. In fencing, the most frequent type of planning at the junior level is only one cycle, or preparation for one main competition. Top fencers may use a double or triple training plan if they have to achieve peak form in two or three main competitions.
- 4** Divide the training cycles into preparatory, main and off-season periods. When planning for a double cycle

(two main competitions), each cycle has its own pre and main phase. In the preparation of top fencers, a training plan with several cycles of shortened duration is more frequently used. Training of this type is used because peak fencing fitness is difficult to maintain for longer periods of time. Participation in many important fencing events demands planning and use of several cycles.

5 Identify main tasks in each phase, such as physical conditioning, footwork, correction of errors, etc. in the **“All beginners, without exception and regardless of talent level, must go through a comprehensive, relatively long-term basic preparation. Ideally, this comprehensive preparation is specifically suited to fencing.”**

pre-season; development of technique, tactics, and fencing specific abilities in the main season; and active rest in the off-season, etc.

6 Identify the peaking periods.

7 Identify the character of loading, e.g., sharp bouts, free fencing with tactical tasks, running, weight work, etc.

8 Identify the dynamics of training and competitive loads, e.g., number of days training, training hours, number of competitive bouts, sharp bouts, number of days practicing free fencing, free fencing with tactical tasks, footwork, conventional exercises, lessons, mental training time, conditioning time, etc. The basis of your one-year plan (Estimated load) should be your training work from the previous year,

including your competitions and the number of competitive bouts. The current year's plan will be the basis of your next plan. The one-year training plans of the world sabre champion Pal Gerevich (Hungary), and world championship silver medalist epeeist Jaroslav Jurka (Czechoslovakia) will serve as illustrations (see the article on The Training Diary this issue). Remember that each year your plan will become more and more precise, based on the preceding year's data.

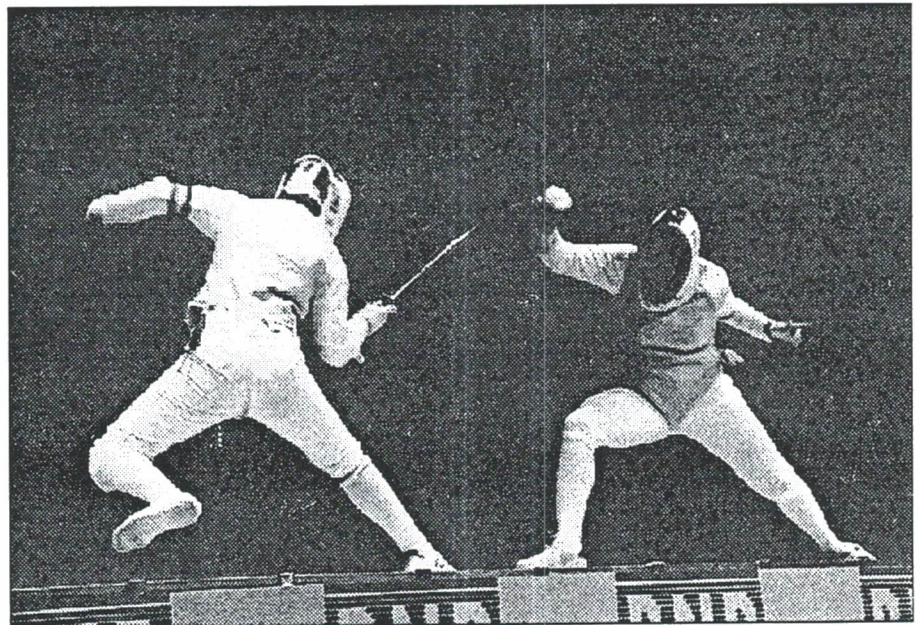
9 Identify pertinent psychological preparation needs.

10 Identify the methods of testing the development of your physical fitness, technical, tactical and psychological readiness.

11 Identify any special tasks in health control and regeneration.

ties as well as on abilities of your sparring partners, identify your maximum load in shaft bouts. Is it 15, 20, 25

“Identify main tasks in each phase, such as physical conditioning, footwork, correction of errors, etc. in the pre-season; development of technique, tactics, and fencing specific abilities in the main season; and active rest in the off-season, etc.”



1990 Worlds: Szabo (L) of Romania makes a rapid retreat as Trillini of Italy attacks. Note Szabo's straightened front leg as she abruptly retreats. Trillini goes on to take the silver medal, and Szabo finishes fourth.

Photograph courtesy of Albert Axelrod ©1990

Guidelines for the (weekly) micro cycle and daily planning

While the one-year and monthly plan is conceptual in fencing, the weekly and especially the daily plan must be made in detail.

1 Based on your experiences and abili-

bouts? After you identify the maximum load, you can identify the degree of loading. For example, for world class epee fencer J. Jurka, 40-50 bouts was 100% loading, 30-39 was 90%, 20-29 was 70-80% and 15-19 bouts was 50% loading.

2 Point out the volume, number and character of the training sessions (load). List the number of training sessions per week, the volume of training, the number of bouts, time of free fencing and footwork, etc.

3 The training tasks and relative loading, the number of competitive bouts, the number of training sessions and the distribution of loading should all be planned for the entire month (macro cycle). However, the contents and degree of the training load for each day and the total training volume is only reasonable to plan for one week in advance (micro cycle).

The detailed contents of the following micro cycle can be determined only after it is known at what degree you fulfilled the previous micro cycle plan.

tasks given and if it was effective. Based on this evaluation it is necessary to be flexible in changing loading, methods and modes.

The main idea of planning a macro and micro cycle is to develop a new plan that contains a training program that is corrected and perfected from the old macro and micro cycle. *One of the biggest errors you can make when planning a training cycle is if you plan out the content of each training season and day a long time in advance.*

General Guidelines for determining the Volume & Dynamics of the Training Load

Determining and tailoring the volume and dynamics of your training load are essential. The basic method for increasing your fitness and performance is to

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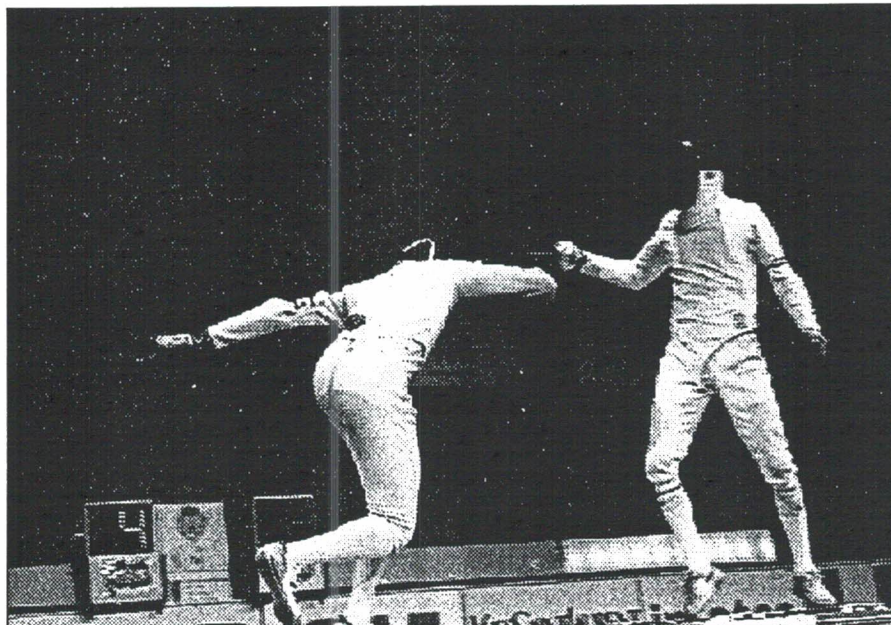
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A) A gradual, simultaneous increase of volume and intensity is an effective combination. For example, increase your training volume by 30-40% with a simultaneous increase of intensity by 15-20% in the first year.

B) A rapid increase in volume can be combined with slight or no increase of intensity. (These methods are used especially when developing physical fitness (endurance, strength, speed, etc.) Most maximum fencing results were preceded by a rapid increase in training volume. Top world class

Continued on page 24, Column 2.



Photograph courtesy of Albert Axelrod ©1990

Men's Epee Action, '90 Worlds: Lenglet of France (R) fencing Agullera of Cuba. Agullera wins 2-0 and advances to take fourth. Lenglet takes sixth.

The actual content of a macro and micro cycle is determined based on the exacting analysis of the training immediately preceding the planned micro cycle and also on the training or loading which preceded it at the same time the year before. It is also necessary to evaluate how you tolerated the planned load of the previous year. *Consider whether it was coordinated with the*

gradually increase the volume and intensity of your training load. For example, in running the **volume** is the distance of the run and the **intensity** is the speed of the run. The time of free fencing and the hours of training are the **volume**, and the sharp bouts are the **intensity**, etc. This can be accomplished through different methods. Some variations are listed below.

Basic Concepts

Distance Exercises: Using the Four Techniques of Creating Favorable Distance (See first and third issues)

The following are exercises for pairs to develop the ability to keep distance, and create favorable distance for attack.

After practicing the basic footwork alone, you should apply it while practicing in pairs. Remember the goal of footwork—perfect distance—can be achieved only face to face with your partner. You can use the following step-by-step exercises to meet this goal.

1. Face your partner in *en garde* position in lunge distance, both partners placing their hands on waist. Begin by using very simple footwork, attempting to maintain fencing distance between you. At first you can just do the same type of footwork once or twice; later you can progress to two or three different actions in the same sequence (e.g., advance-advance, retreat-retreat, then advance-retreat, advance-advance-retreat, and so on).

First of all focus on the correct execution of your movements. Therefore practice slowly. You should speed up your footwork only when the execution and the rhythm of movements are correct. Check the distance after each action in the beginning, and later after each sequence of actions. Your goal in checking distance is to see that it has remained the same. Continue with additional sequences only after you have made corrections for your posture and widening or narrowing of the distance. Alternate the roles of initiator and follower with your partner.

2. Face your partner in *en garde* posi-

tion, with a slightly bent arm. Adjust the distance so your fingertips are touching your partner's fingertips. This exercise is similar to the previous one. The initiator can change the type of

“The following exercise (4) will help you perceive the advantage of initiating the tempo, i.e., starting the action. Stay facing your partner. Your partner's arm is bent with palm facing up. You are in a similar position...”

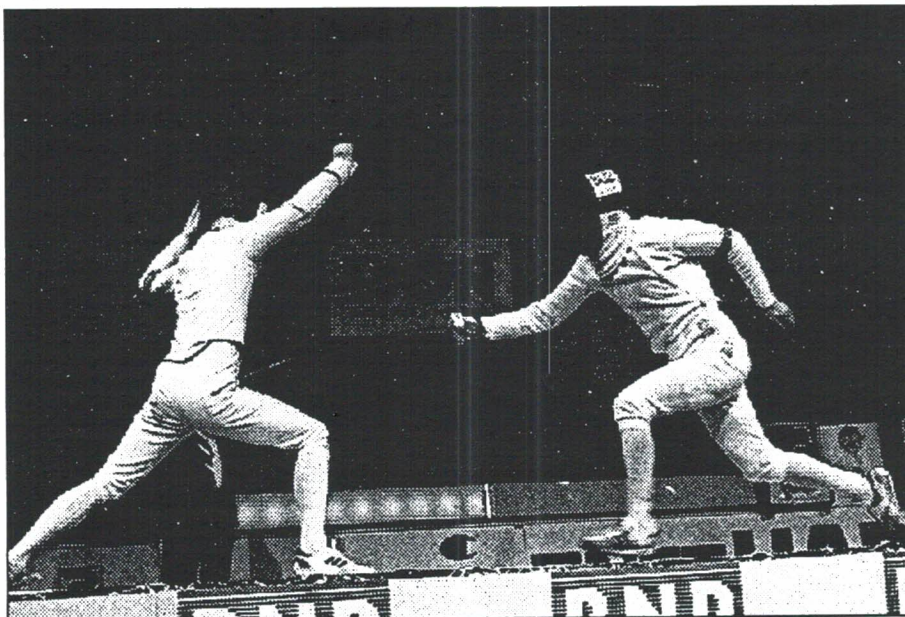
movement, the direction, the length of steps, the speed, frequency of steps, and the length of pauses between steps.

In the previous exercise you received signals by vision, in this exercise by

proprioception or touch. You are practicing this exercise correctly if the contact with your opponent's fingers, and your arm extension remain constant.

3. For a more difficult variation, with a slightly bent arm, hold a ball (8-10 inches in diameter) or a fencing mask with the tips of your fingers. The pressure on the mask assures a less delayed response and faster start of movement. If the arms are stiff, not flexible, the response will be delayed or rushed. If the fluidity of footwork is interrupted, the ball or mask will fall down.

4. The following exercise will help you perceive the advantage of initiating the tempo, i.e., starting the action. Stay facing your partner. Your partner's arm is bent with palm facing up. You are in a similar position, but with your palm facing down. Try to hit your partner's hand. If you start your movement without a signal, your partner will not be able to avoid getting hit by pulling his arm back. Then practice this exercise in *en garde* positions with footwork. Stay at a distance a little shorter than lunge distance. The attacker's hand is held with palm facing down, the defender's with palm up. The attacker, with ade-



Men's Epee Action, '90 Worlds: Gerull of West Germany attacks the Soviet Kolobkov (L) with a fleche. Kolobkov searches for the blade in a dramatic high six, but cannot stop Gerull—who goes on to defeat Mazzoni for the gold.

Photograph courtesy of Albert Axelrod ©1990

quate change of rhythm, should create the conditions for achieving the necessary distance for hitting.

Now practice this exercise holding weapons. Stay at such a distance that the weak part of your blade is in contact with the weak part of your partner's blade. First practice and focus on keeping distance, and only later on creating favorable distance for attack.

If the initiator succeeds in closing the distance a 4- or 6-bind has been created. From the same position, you can

“From the same position, you can practice the press-counterpress, beat-counterbeat and disengage actions, which make the exercise more difficult. This exercise(4) makes you aware of the importance of hand-foot coordination, and of the importance of blade work as a means of preparation for your actions.”

practice the press-counterpress, beat-counterbeat and disengage actions, which make the exercise more difficult. This exercise makes you aware of the importance of hand-foot coordination, and of the importance of blade work as a means of preparation for your actions.

5. You can practice the methods of creating favorable distance (steeling the tempo) by using a long 1/4 inch wide rubber band or surgical tubing. Stay in the *en garde* position facing your part-

Classifieds

Dr. Rudy Volkmann announces the availability of affordable extension lights for club scoring machines. See ad on page 24. An ad for his unique fencing dummy also appears on the opposite page.

Black and white and color photographs of the 1989 World Championships are available for sale. Write to:
Emanuel Voyiaziakis, Editor
c/o En Garde! Magazine

Back issues of *En Garde!* are now available. Use the address on page 4, with check payable to *En Garde! Magazine*.

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INTERVIEWS

Upcoming interviews include conversations with Kornel Horvath, the coach of world class epeeist Manuel Pereira, Spain's first gold medalist.

ner. Hold the rubber band with your thumb and index finger. Your partner should hold the other end. The tension on the rubber band depends on the level of your skill. If you are a beginner stretch the rubber band more. This makes you aware you should hold the weapon firmly (but not so firmly as to create excessive tension in the hand and forearm), all the time being alert and prepared. If you release your grasp on the rubber band you lose it; this passivity can also be an indicator of the weakness of your leading fingers.

At first only one of you should take the initiative. Later both of you can "fight" for it. You can use different footwork, and different combinations of footwork with pauses, in different rhythms and speeds. You can combine two of the above methods of gaining distance. This exercise allows you to experience a successful hit. If during your maneuvering the rubber band becomes loose, this means you have succeeded in creating favorable distance from which you can hit.

6. If you became skillful at practicing with the rubber band, both as initiator and follower, you can now try the same exercise with a foil. The attacker uses a weapon, and does not need a mask. His task is to execute a straight thrust or a head cut, once he has created favorable distance to attack. The defender does not use a weapon (but must use a mask). His task is to avoid being hit, simply by opening the distance during his partner's attack. (This entails keeping perfect distance.)

Continued on page 13.

DEFINITIONS

From the article on planning (see page 4):

“Long term planning usually projects 12-15 years ahead. It can in turn be divided into three subphases:

“1 **The Starting Period**—This period usually lasts 1-2 years. It is completed when basic

Continued at bottom of next column.

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| 77 Garcia, Augustin(CUB) | 123T Kulakowski, Domin.(USA) |
| 78 Mauritz, Rainer(AUT) | 127T Khakhria, Vijay(GBR) |
| 79 Zahir, Amin(GBR) | 127T Pollack, Jonathan(USA) |
| 80 Rioja, Marco(SPA) | 129 Chung, Sung(USA) |
| 81 Wolf, Ivo(AUT) | 130 Wessel, Darin(USA) |
| | 131T Iyer, Arun(USA) |
| | 131T Heck, James(USA) |
| | 133 Knight, Kevin(CAN) |

Congratulations to
EN GARDE! Magazine
on the publication of its premier issue.
This is just what we American Fencers
have been looking for.

Rudy Volkmann

The **CSABA-II** PORTABLE FENCING DUMMY

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1967 Battle Row
Augusta, Georgia 30904
ph: (404) 736-2279

fencing techniques are learned and the student is achieving results at a junior level.

“2 **The Training Period**—This period lasts 4-5 years. The goal is to achieve a high degree of fencing proficiency and results. The actual length of this period depends on the talents of the student.

“3 **The Period of Perfection**—The goal of this period is to achieve world class results. The length of this period can last from 2-3 to 10-15 years. Some fencers have maintained this world class level for even longer periods of time.”

Questions (from the article on Page 4):

1 What is one of the biggest mistakes you can make in planning your training cycle?

2 Can you distinguish between volume and intensity of your training regimen? ◇◇

Coach's Corner

Exercises for the Coach (or Partners) during Lessons

This column will be an ongoing forum for exercises which you can incorporate into your lessons and instruction.

Beat Attack

In order to be able to execute a beat attack perfectly, this action must be practiced *many* times, including in different combinations of actions, so that the skill becomes automatic. The following exercises will help you achieve this objective.

General Reminder: Remember the student's arm must always begin extending before the feet begin to move.

Preliminary Beat exercises

1 Master: Beat the student's blade in quarte. The student watches this beat carefully, as he will imitate it. The master instructs: "imitate the movement—make the same beat."

Student: Imitate the beat you received.

2 Same as in 1 above, but now the master:

- A) Beats the blade twice,
- B) Beats once weak and then once strong,
- C) Beats once strong and then once weak,
- D) Beats twice with beats of equal strength,
- E) Beats twice with a longer pause between beats.

In each case above the student's goal is to accurately imitate the master's beats.

3 M: Beat and extend, with a quarte beat in the blade line. The coach commands: "When I beat and give the blade line, beat—extend, and thrust with a lunge." The student responds.

4 M: Beat in quarte and extend with advance or lunge.

S: Beat and thrust with arm extension (which now becomes a parry—riposte).

5 The master alternates between a high or low blade line or makes a quarte—beat and presents. The master commands: "When I give a high or low

slightly extended, blade pointing upward diagonally.

Student: From en garde position execute 3 quarte—countersix—counterquarte beats continuously and then thrust with arm extension.

2 Do as in 1 above, but now with a lunge.

3 The same as in 1 above, except following the 4-6-4 beats execute a disengage.



USFA International Coaching Symposium, 1990, Olympic Training Center, Colorado Springs: Vladimir Nazlymov's sabre class. From left to right: Beguinet, Nazlymov, Masters, Fazekas, Powell, Sobalvarro, Salem, Vit. Nazlymov, and Miller. Photo courtesy of Harold Hayes/Bruce Milligan.

blade line without beating, do not respond. When I beat and give a blade line, beat and thrust with a lunge.

6 The same as in 5 above, but with movement. The master alternates advances and retreats and gives blade lines or beats with blade line. The student keeps distance and makes no response to the high or low blade line. Against the beat and blade line, he makes a beat and thrusts with a lunge.

7 M: Lightly press the student's blade. Instruct the student to do the same in response.

I. Foil: The Beat

1 Master: Present the blade with arm

4 Do as in 3 above, but now with a lunge.

5 Master: Present the blade with arm slightly extended, blade pointing downward diagonally.

Student: From en garde position execute seconde (octave)—septime—octave beats continuously and then thrust with arm extension upwards to the high line.

6 Do as in 5 above, but now with a lunge.

7 Master: Present the blade with arm slightly extended, blade pointing upward diagonally.

Student: Countersix—coun-

terquarte—countersix beat thrust from engage, with advance, then with lunge.

8 Master: Present the blade with arm slightly extended, blade pointing downward diagonally.

Student: Septieme—counterseconde—counterseptieme beat thrust from engage, with advance, then with lunge.

9 Master: Present the blade with arm slightly extended.

Student: Gently engage the blade in quarte and then continuously execute a quarte beat thrust without stopping. Do this from engage, with an advance, lunge and advance-lunge.

10 Master: Present the blade with arm slightly extended.

Student: Gently engage the blade in six and then continuously execute a six beat thrust without stopping. Do this from engage, with an advance, lunge and advance-lunge.

11 Master: Present the blade with arm slightly extended.

Student: Gently engage the blade in six and then continuously execute a counterquarte beat thrust without stopping. Do this from engage, with an advance, lunge and advance-lunge.

12 Master: Present the blade with arm slightly extended.

Student: Gently engage the blade in quarte and then continuously execute a countersix beat thrust without stopping. Do this from engage, with an advance, lunge and advance-lunge.

13 Master: Present the blade with arm slightly extended.

Student: Execute a small, light quarte beat on the weak part of the master's blade, and then continuously another strong quarte beat on the middle of the master's blade and thrust without stopping. Do this from engage, with an advance, lunge and advance-lunge.

14 Master: Present the blade with arm

slightly extended.

Student: Execute a small, light six beat on the weak part of the master's blade, and then continuously another strong six beat on the middle of the master's blade and thrust without stop-

“ Master: Present the blade with arm slightly extended.

Student: Gently engage the blade in six and then continuously execute a six beat thrust without stopping. Do this from engage, with an advance, lunge and advance-lunge.”

ping. Do this from engage, with an advance, lunge and advance-lunge.

15 Master: Present the blade with arm slightly extended.

Student: Execute a small, light six beat on the weak part of the master's

blade, and then continuously another strong counterquarte beat on the middle of the master's blade and thrust without stopping. Do this from engage, with an advance, lunge and advance-lunge.

16 Master: Present the blade with arm slightly extended.

Student: Execute a small, light quarte beat on the weak part of the master's blade, and then continuously another strong countersix beat on the middle of the master's blade and thrust without stopping. Do this from engage, with an advance, lunge and advance-lunge.

17-24 Repeat exercises 9-16, but in the low line.

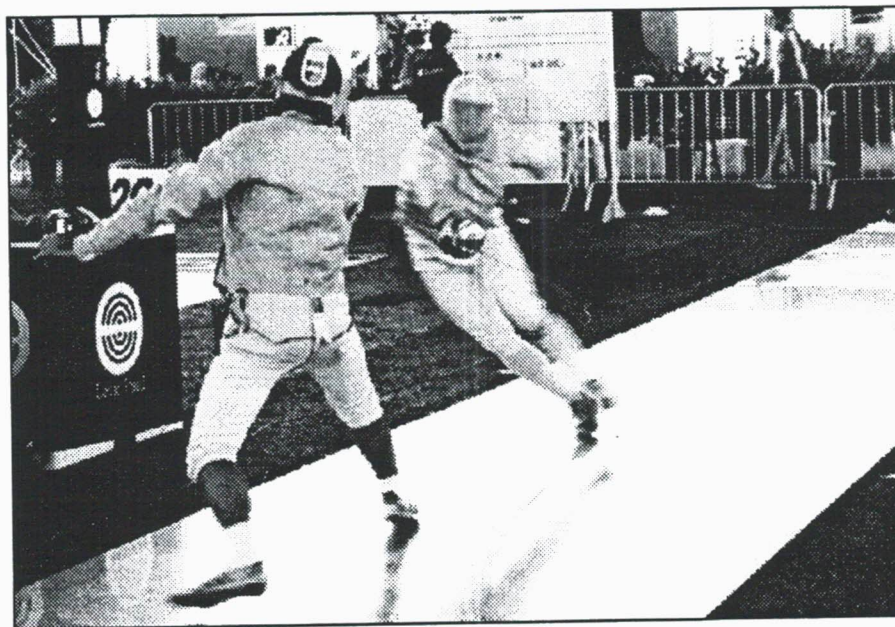
25 Student: With an advance, engage the blade in quarte.

Master: Disengage to the low line, with the blade pointing downward diagonally.

Student: Septieme beat thrust lunge.

26 Student: With an advance, engage the blade in septieme.

Master: Disengage to the high line, with the blade pointing upward diagonally.



1990 Worlds, Men's Sabre: Paul Friedberg (R) of the United States attacks Philippe Ducheix of France with a fleche.

Photograph courtesy of Albert Axelrod ©1990

Student: Quarte beat thrust lunge.

II. Epee: The Beat

1 M: Present the blade.

S: Execute two quarte beats and thrust with arm extension to the body.

2 Do as in 1 above, but now with a lunge.

3 Do as in 1 above, but now thrust to upper arm.

4 Do as in 3 above, but now with a lunge.

5 M: Present the blade.

S: Execute a quarte beat and thrust with arm to the hand (wrist).

6 Do as in 5 above, but now with a lunge.

7 Do as in 5 above, but now:

S: Beat-thrust, beat-thrust repeatedly.

M: Later the first beat-thrust can be parried with a riposte.

S: Parry-riposte to the hand.

8 M: Present the blade.

S: Quarte beat and thrust to the hand and remise.

9 M: Present the blade.

S: Quarte beat and thrust to the hand and remise, then repeatedly

“In summary, fencers will notice that the more complicated exercises develop not only the feeling for distance, but after a certain point, an attack-defense posturing, which allows switching roles between attack and defence to most effectively capture the tempo to hit.”

quarte beat and thrust to the hand with multiple remises.

10 M: Present the blade.

S: Thrust to the hand, remise and quarte beat thrust to the hand.

11-17 Repeat exercises 1-7, but with

a seconde beat instead.

18-20 Repeat exercises 8-10, but with a seconde beat instead.

21 M: Present the blade.

S: Repeatedly execute quarte beat-thrusts to the hand and countersix beat-thrusts to the hand while retreating.

22 M: Present the blade.

S: Execute a seconde beat thrust to the hand with lunge, and repeatedly recover forward and seconde beat with advance lunge to the body.

23 M: Present the blade.

S: Execute a quarte beat thrust to the hand with lunge, and repeatedly recover forward and quarte beat with advance lunge to the body.

III. Sabre: The Beat

1 S: En garde in terce.

M: Place the end of your blade at the student's guard on the inside.

S: "Push" the master's blade to quarte.

M: "Push" the student's blade back to terce.

Repeat the above steps several times. Then:

M: After one terce push, execute a chest cut.

S: Parry in quarte and then riposte to the head.

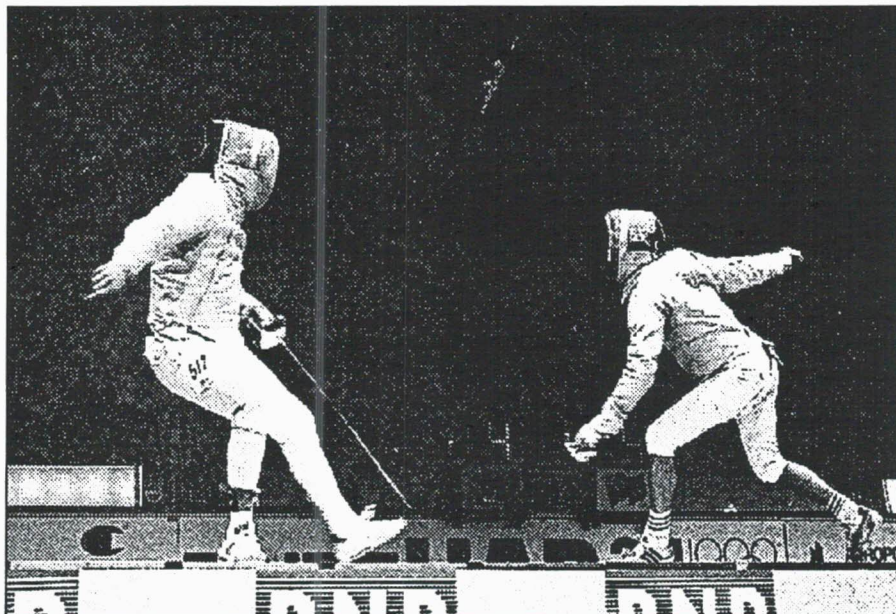
2 The same as in 1 above, except the coach puts the middle part of his blade to the middle part of the student's blade. The master and student's blades are now in quarte engagement.

Again the student pushes the master's blade to quarte and the master pushes back to terce.

After one terce push the master gives a line. The student responds with a quarte—beat and head cut. To speed up the action, the master can alternate opening the distance so that the student can execute the beat with a lunge.

Continued on page 24.

Photograph courtesy of Albert Axelrod ©1990



1990 Worlds, Men's Sabre: It is touches like these that show Nebald's mastery. Here he steals distance on Pogosov (L) during the gold medal bout, winning convincingly in two straight bouts.

Distance Exercises, *Continued from page 8.*

The attacker (Fencer A) is in *en garde* in tierce (3) in sabre, and in octave (8) in foil or epee, at advance-lunge distance from his opponent. His goal is to deliver a head cut, or a straight thrust.

“As an additional variation, if Fencer B detects a lack of concentration in his opponent while he makes his approach, or once fencer B has opened the distance, fencer B can execute a counterattack into Fencer A’s preparation.”

The defender (Fencer B) is in *en garde* position without a weapon, with his arms on his hips. The defender attempts to follow the attacker’s footwork (see distance articles in *En Garde!* Issues Vol. 1, No. 1 & Vol. 2, Nos. 1&2), and keep perfect distance. Then the defender deliberately delays his movement by one tempo, and when the attacker responds (by starting his attack), he attempts to avoid the hit by a short, fast jump backwards. The attacker then has the choice of making a *radopio* or double-lunge (see definitions on page 9) with a straight cut or thrust. The defender can avoid this renewed attack with a second jump backward. After the phrase, the fencers regain fencing distance, analyze their actions and make the necessary corrections.

7. In this exercise both fencers practice with weapons and masks. Both fencers are in *en garde* position, at slightly greater than lunge distance. Fencer A can attack with a head cut or straight thrust. But now fencer B can defend

A Note on the Format of *En Garde!*

The editor needs help with various editorial tasks, particularly keying the text and results data to disk, as well as marketing. *En Garde!* is also looking for Apple Macintosh computer equipment (e.g., a full page monitor, a computer with 4 megabytes RAM, laser printer and scanner). If you are able to contribute any of these services, or have access to or are able to loan any of the above equipment, please contact the editor, Emanuel Voyiaziakis, in writing at the address on page 4, or by phone at (212) 505-7158.

En Garde! welcomes your comments and suggestions.

As an additional variation, if Fencer B detects a lack of concentration in his opponent while he makes his approach, or once fencer B has opened the distance, fencer B can execute a counter-attack into Fencer A’s preparation.

8. In this variation everything remains as in 7 above, except now both fencers “fight” to take the initiative. Both fencers will see the importance of such actions as “preparation” (see Issue No. 1), and attacking in foot tempo, as well as passing the initiative back and forth, and retaking the initiative prior to attack. Gradually blade attacks can be incorporated into this exercise, and following this, feint attacks.



Men's Epee Action, '90 Worlds: Again Lenglet of France (R) fencing Agullera of Cuba. Here Lenglet's attack with fleche illustrates a perfect extension.

himself either with distance (a retreat) or with a parry (against the head cut a quinte (5) parry, against the thrust a quarte (4) parry). After the parry he can riposte directly or indirectly. Additional variation: After many repetitions, Fencer A can add a counterriposte to the exercise.

In summary, fencers will notice that the more complicated exercises develop not only the feeling for distance, but after a certain point, an attack-defense posturing, which allows switching roles between attack and defence to most effectively capture the tempo to hit.—AK ◇◇

Circuit Results 1991-92 Senior Circuits

Ventura, California
January 1991

Women's Foil

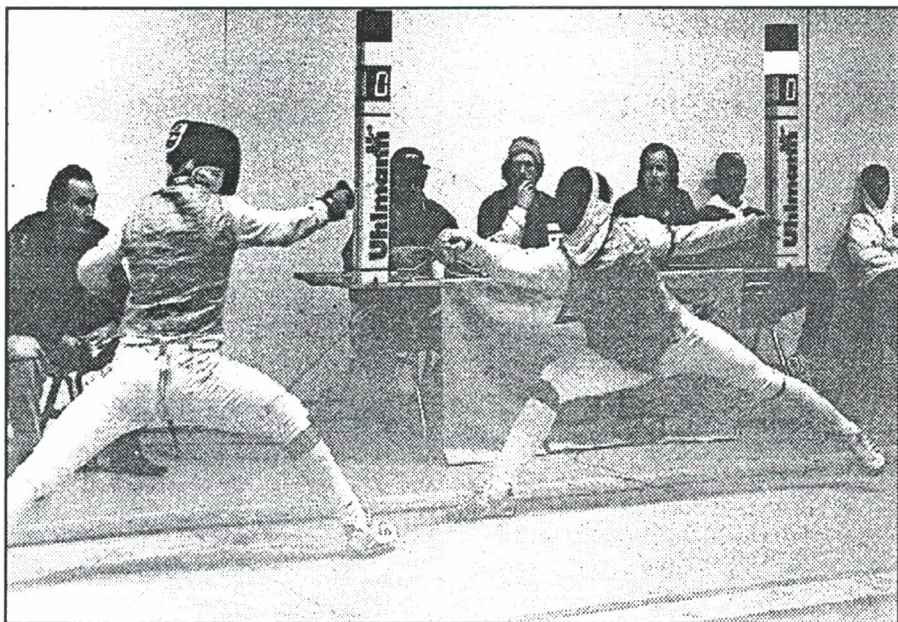
Pl.	Points	
1	500	Bilodeau, Caitlin K/A Met NY
2	480	Monplaisir, Sharon/A Met NY
3	460	460 Marsh, Ann/A Michigan
4	440	Sullivan, Molly/A New England
5	420	Yu, Jennifer S/A Cent CA
6	410	Hamori, Isabelle/A Metro NY
7	400	O'Neill, Mary Jane/A New Eng
8	390	Wetterberg, Shelley/A Canada
9	380	Piccininno, Denise/B NJ
10	370	Krusen, Kathryn/C North CA
11	360	Hall, Jane P/A New Eng
12	350	Clinton, Marjory/B West NY
13	340	Piazza, Lisa/A Metro NY
14	330	McDaniel, Rachel/A Phil
15	320	320 Honig, Lisa/B Phil
16	310	Tondu, Jennifer L/C
17	300	Le, Nhi Lan/C GA
18	290	290 Posthumus, Jennifer/C Cent CA
19	280	Martin, Margaret/B West NY
20	270	Metaxatos, Irene/B Metro NY
21	260	260 Sikes, Julianna/B West NY
22	250	Moy, Tzu Ling West/A Metro NY
23	240	240 Chernyak, Olga/A Cent CA
24	230	Piper, Heidi Macknight/A IN
25		Campbell, Linda/A Canada
26		Marx, Suzanne Brown/B OR
27		Szabunia, Margaret/B Phil
28		Jones, Melanie/C NJ
29		Ante, Zela/D Metro NY
30		Hynes, Janice/D New Eng
31		Landymore, Heather/B Canada
32		Aubin, Renee/A Canada
		<i>Tableaux of 32</i>
33		Laharra, Suzanne/C Cent CA
34		Kralicek, Kristin Ann/C OR
35		Super, Margaret/D Cent PA
36		Hoch, Morgan E/D IL
37		Benford, Maria L./C MN
38		Prifrel, Jennifer L./C MN
39		Drenker, Katie E/D CO
40		Bitar, Muna/C NJ
41		Kang, Lana/E North CA
42		Grisham, Kristin/E CO
43		Paxton, Suzanne/C Cent PA
44		Kowalski, Katie/D Cent PA
45		Bjonerud, Deborah/D North CA
46		Matthews, Allison/C Canada
47		Langlois, Caroline/C Canada
48		Haugh, Kelly/D IN
49		Shaklee, Paula/E Mt Valley
50		Smith, Susan/C North CA
51		Radke, Constance/E West WA
52		Haugh, Rachel/E IN
53		Medina, Bianca/B Metro NY
54T		Cathey, Sarah/D MN
54T		Wells, Angela/C South CA
56		Jaramillo, Jeanine Denise/E OR
57		Viereck, Claudia/U Canada

58	West, Anne Hilory/D CA
59	Carmen, Elizabeth North CA
60	Brewer, Kelly/E UT/ID
61	Clevenger, Ann/E Metro NY
62	Beyer, Linda/E South CA
63	Vogt, Kathleen/D IN
64	Venne, Nancy/C Canada
65	Hutchinson, Cessaly CA
66	Cornell-Leviant, Angela CA
67	Ewell, Nancy LA
68T	Bedrosian, Pat/C South CA
68T	Ogden, Jenny/E Mt Valley
68T	Yu, Connie/E Cent CA
71	Lee, Nancy CA
72	Fryman, Kari CA
73	Nishiyama, Yumi CA
74	Powell, Thelma CA
75T	Ramirez, Christiane AZ
75T	Thorne, Tracy Metro NY
77T	Gorton, Ann Catherine South CA
77T	Jeffery, Paula UT/ID
79	Ledford, Tiffanie Lynn OR Cst/CA
80	Horton, Laura A/E Bernardino

19	280	Krusen, Kathryn/B North CA
20		Viereck, Claudia/B Canada
21	260	Mansfield, Eugenie/C WA
22	250	Maskell M.D., Laura/A OR
23	240	Reibman, Amy R/A NJ
24	230	Spilman, Elisabeth/C CA
25		Bottone, Maria/C NY
26		Hoch, Morgan E./D IL
27		Klinger, Anne/A OR
28		Holly, Madeline/A Metro NY
29		Ante, Zela/D Metro NY
30		Cornez, Sylvie/A Canada
31		Adrian, Marlene/A IL
32		Langlois, Caroline/C Canada
		<i>Tableaux of 32</i>
33		Summers, Channel France/B CA
34		Landymore, Heather/C Canada
35		Martin, Margaret/N NY
36T		Morrison, Veronica S/B Capitol
36T		Runyon, Cindy/C Bernardino
38		Erdos, Elizabeth A/B CA
39T		Drenker, Katie/E CO
39T		Haugh, Kelly/C IN
41T		Annavedder, Mary/B S CA
41T		Prifrel, Jennifer/C MN
43T		Bannon, Margaret/A Canada
43T		Jeantheur, Carole/E CAP
43T		Robinson, Xandy/A CA
46		Matthews, Alison Canada
47		Schneider, Brooke/D MI
48		Littmann, Dr. Jane/A Pied. SC

Women's Epee

Pl.	Points	U-20
1	500	Beegle, C.J./B West WA
2	480	Stone, Donna Lee/A NJ
3	460	Cheris, Elaine/A CO
4	440	Clark-Skillman, Laurel/A N CA

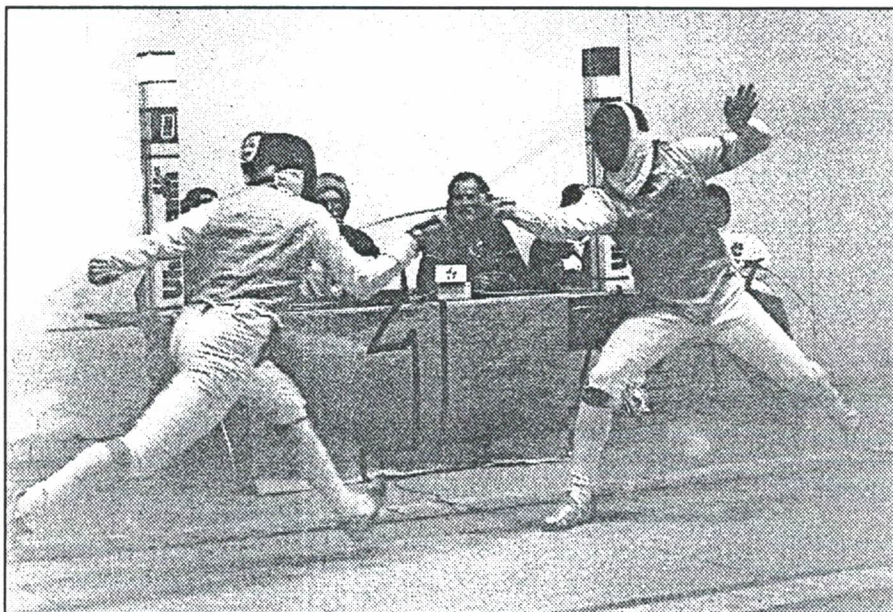


1991 Ventura, California Circuit: Nick Bravin (L) boldly attacks Michael Marx in the bronze medal bout of the first circuit of 1991. Bravin goes on to win the bronze, as well as a bronze later during the summer at the Pan Am Games.

5	420	Paquin, Marie-Josée/A Canada	49T	Duthie, K. Maria/E Inland Empire
6	410	Miller, margo/A South CA	49T	Furu, Kathryn/B Metro NY
7	400	Norwood, Lori/C South TX	51T	Black, Carol T./C NJ
8		Crawford, Kim/A Canada	51T	Ogden, Jenny/E Mt Valley
9	380	Gilbert, Jennifer E./A North CA	53	Dobloug, Lisa/C CAP
10	370	Arata, Kimberly D./B CA	54	Griffin, Maureen/C Canada
11	360	McClellan, Cathy L/A New Eng	55	Wylie, Dorsika Carol/A New Eng
12	350	O'Donnell, Judith B/A New Eng	56	Tabori, kata/D CA
13		Tygeson, Tanya/A Canada	57T	Johnson, Maryanne/E AZ
14	330	Askins, Leith/B CA	57T	Simpson, Suzanne/E Gif Cst TX
15	320	Haugh, Rachel/A IN	59	Loscalzo, Katherine/C NJ
16	310	Turpin, Barbara/A MN	60	Butnick, Vanessa Lynn CA
17		Pillon, Caroline/A Canada	61T	Frye, Mary/B MI
18	290	Lewis, Teresa R/C South TX	61T	Posein, Pamela/C Canada

63	McKee Bakos, Melinda/D CA	35T	Jarman-Miller, Daniel M/C OR
64	Cali, Cathleen/C Metro NY	37T	Grandbois, Peter/A CO
65	Whisnant, Lela/E TX	37T	Johansen, Zhon/B UT/ID
66	Cabot, Paula Ann CA	39	Brouillet, Matthieu/A Canada
67T	Migdail, Karen J/E CAP	40	Barone, John/D CA
67T	Grisham, Kristen A. Colorado	41	Schenck, Ian/C NJ
67T	Shaklee, Paula/E Mt Valley	42T	Esponda, Gerard/B CA

82	Rosenberg, Eric/A Metro NY
83	Williams, Allen/B Canada
84	Donaker, Geoff/C CA
85	Hayenga, Gary Michael/B MN
86	Herdon, Robert/C CA
87	Bassin, Barry/C CT
88T	Bello, Sergio/C North CA
88T	Miller, John/E CA
90	Chilton, James/D CA
91	White, Richard/C UT/ID
92	Pak, Sung/E CA
93	Bos, Pierre/C CA
94	Siebenlist, Brian/C Phil
95	Bello, Leonel/A CA
96	Sabharwal, Sunil/B CA
97	Foellmer, Oliver/B CA
98T	Colwell, Tracy/D Mt Valley
98T	McConnell, Mark/E UT/ID
100	Drake, David/B San Diego
101	Nomura, Michael/E CA
102	Pena, Brian/B CA
103	Sale, T McLean/D MN
104	Herrboldt, Kevin/D MN
105	Lerner, Adam/C MN
106	Stein, Damien/C Metro NY
107	Newman, Michael/D CA
108	Shirley, Kent/C Canada
109	Diorio, James/D CA
110	Feinblatt, Jeffrey CA
111	Crable, Arthur Dennis/A CA
112	Peart, Edward UT/ID
113	Kavanau, Chris/C CA
114	Kammila, Srinu Canada
115	Orpilla, Primo/C CA
116	Douraghy, Jamie/B IL
117	Louie, Alfred CA
118	Koyama, Takashi CA
119	Merzon, John CA
120	Tice, Jeffrey CA
121	Kantor, Adam AZ
122	Noll, Matthew AZ
123	Wong, James Chee/B CA
124	Brown, William/E CA
125	Hareff, Phillip CA
126T	Annvedder, Max CA
126T	Harper, Brian/D FI Gold Cst
128	Adolf, Neal/D OR
129	Mondeel, Brian/D CA
130T	Clift, Fred UT/ID
130T	Hung, Chris/B Canada
130T	Siu, Bradley Alan/D CA
133	Steinbeck, Keith CA
134T	Bruce Jr., Ommer/D Bernardino
134T	Longval, Mark San Diego
136	Gomez, Matthew CA
137T	Fortier, Russell CA
137T	Meyler, Nicholas CA
139T	Chensvold, Christian CA
139T	Fixler MD, Richard CA
141	Spear, Jeffrey CA



Emanuel Voyziakis ©1991

1991 Ventura, California Circuit: Nick Bravin (L) again attacks Michael Marx during the bronze medal bout of the first circuit of 1991.

Men's Foil

Pl.	Points	U-20		
1			Giasson, Benoit/A Canada	42T
2	480		Carter, Al/A Phil	44T
3	460	460	Bravin, Eric Nick/A South CA	44T
4	440		Marx, Michael/A IN	46
5	420		Tichacek, Jack D/A NJ	47
6	410		Skrabonja, Randall George/A NC	48T
7	400		Weber, Alan E/A Phil	48T
8	390	390	Narkiewicz, Jason/A Metro NY	50
9	380		Hinton, Dean C/A CA	51
10	370		Thliveris, Tom/B NJ	52
11	360		Yu, Marty/A CT	53
12	350		Bukantz, Jeffrey/A NJ	54
13	340	340	Longenbach, Zaddick/B Metro NY	55
14	330		Carlay, Al/A Metro NY	56
15	320		Osborn, Frank/B MI	57
16	310	310	Atkins, Ben/A Metro NY	58T
17	300		Lewison, Peter/A Metro NY	58T
18	290		Cellier, Brad/C PA	60T
19T280			Headley, Mark/A CA	60T
19T280	159		Maggos, Chris/A Metro NY	62
21			Apsimon, Paul/A Canada	63
22	250		Elvin, Mark/A CA	64T
23	240		Cohen, Nathaniel/A Metro NY	64T
24	230	230	Pavese, Marc/A Metro NY	66
25			Tremblay, Daniel/A Canada	67
26			Wallier, David/A Canada	68T
27			Hambarzumian, Heik/A CA	68T
28			Soucy, Maxime/B Canada	70T
29			Smith, Bandon/B Canada	70T
30			Leary, Philip Adam/B NJ	72
31			Gearhart, Andy/C NY	73T
32			Harkness, R Cole/A CA	73T
			Tableaux of 32	76
33			McCutcheon, Tim/D New Eng	77T
34			Friedrich, Florian/A Canada	77T
35T			Cote, Philippe/A Canada	79
			Smith, Cameron Bryn/B Canada	80
			O'Donnell MD, Michael/A New Eng	81
			Ritter, Nathan/C MI	
			Dew, Eric/B Phil	
			Bennett, philippe/A Metro NY	
			Oliver, William/C CO	
			Spruin, W. Alan/B Canada	
			Kwok, Wei-Tai/B CA	
			Flores, Stephen/B PA	
			Conway, Rob/C MI	
			Pomares, Raul/C CA	
			Monsefi, Amir/C New Eng	
			De Morelos, Carlos/ A CA	
			Robertson, Grant/B CA	
			Ford, Christian H/C WA	
			Oshry, Michael/B Canada	
			Voyziakis, Emanuel/D Metro NY	
			Higgs-Coulthard, Peter/D AZ	
			Niemiec, Mark/C CO	
			Vasquez-Zammarrappa, Ed/B Mt Val	
			Bello, Carlo/C CA	
			Lee, Randy/D CA	
			Holeman, Derek/C OR	
			Hodkinson, Justin/E Canada	
			Goerdel, Michael T/D National	
			Baxter, Alden/C Metro NY	
			Pederson, Michael S/B MN	
			Feriante, Mark/C UT/ID	
			Milligan, Bruce/A CA	
			Paz, Omar/C TX	
			Cho, Michael/C CA	
			Diaz, Dely/D OR Cst CA	
			Tu, Paul/C CA	
			Rowe, Eric/D CA	
			Eddy, Brad/B OR Cst CA	
			Tam, Pak Ming/C CA	
			Price, Peter/C MN	
			Ivie, Mark CA	
			Demarque, Jerome/A Metro NY	

Men's Epee

Pl.	Points	
1	500	Normlie, Jon/A Metro NY
2		Shong, Laurie/A Canada
3	460	Socolof, Joseph D/A NJ
4	440	Alexander, Charles/A San Diego
5	420	Marx, Robert/A OR
6	410	410 Beshin, Jubba/A NJ
7	400	Soter, Paul/A North CA
8		Saltoc, Sorin/A CA
9	380	Carpenter, James/A Metro NY
10		Francis, Allan/A Canada
11	360	O'Neill, James/A Metro NY
12	350	Yarrison, Robert/B New Eng
13	340	Jugan, Bruce/A Metro NY
14	330	O'Loughlin, Chris/A Metro NY

Continued on page 31.

Circuit Results

1991-92

Senior Circuits

Louisville, Kentucky
December 1991

Women's Foil

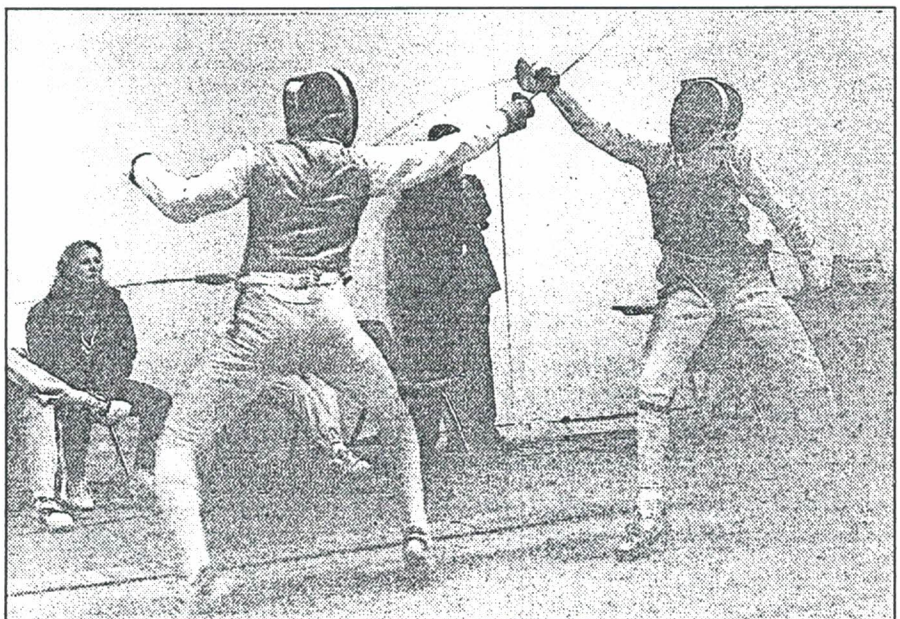
Pl.	Points	Name	State
1	500	Bilodeaux, Caitlin	METRO.NY/A1
2	470	Chernyak, Olga	CENT.PENN/A1
3	450	O'Neill, Mary Jane	NEW ENG/A1
4	430	Hamori, Isabelle	METRO.NY/A1
5T	382.5	Panyi, Maria	A1
5T	382.5	Zimmermann, Felicia	WEST NY/A1
7	375	Monplaisir, Sharon	METRO.NY/A1
8	370	Clinton, Marijoy	WESTERN NY/A1
9		Wetterberg, Shelly	CANADA/A
10	330	Piazza, Lisa	METRO.NY/A1
11	325	Sullivan, Molly	NEW ENGLAND/A1
12		Bourdages, Helene	CANADA/A
13	285	Marsh, Ann	MICHIGAN/A1
14		Hervieu, Marie-Francoise	CANADA/A1
15	275	Metaxatos, Irene	METRO.NY/B1
16	270	Hall, Jane P	NEW ENGLAND/A1
17		Hervieu, Brigitte	CANADA/A
18	230	Singer, Tara	METRO.NY/B1
19	225	Martin, Margaret A	WESTERN NY/B
20	220	Yu, Jennifer S	CENT.CALIF/A1
21	215	Piper, Heidi	Macknigh INDIANA/A8
22	207.5	Le, Nhi Lan	GEORGIA/B1
22	207.5	Reux, Ruth D	SOUTHCALIF/B1
24	200	Moy, Tsu Ling West	METRO.NY/A9
25		Paxton, Suzanne	CENT.PENN/B1
26		McDaniel, Rachel	PHILA/A1
27		Wolf, Carin	ILLINOIS/C1
28		Lavigne, Sylvie	CANADA/A
29		Super, Margaret P	CENT.PENN/C0
30		Chouinard, Ysabelle	CANADA/A
31		Baston, Aleizha	VIRGINIA/C8
32		De Bruin, Claudette	OREGON/C1
33		Cathey, Sarah	MINNESOTA/C1
34		Kang, Lana	NORTHCALIF/C1
35		Drenker, Katie E	COLORADO/D1
36		Dhont, Jennie	NEW JERSEY/D1
37		McClellan, Cathy Louise	NEW ENG/A8
38		Kralicek, Kristin Ann	OREGON/C1
39		Yee, Toygen Jean	ILLINOIS/B1
40		Thorne, Tracy	METRO.NY/E1
41		Hamel, Louise	CANADA/A
42T		Hoch, Morgan	ILLINOIS/D1
42T		Martin, Tasha	OREGON/D1
44		Walsh, Sara	INDIANA/E1
45T		Krusen, Kathryn	NORTH CALIF/B1
45T		Lahara, Suzanne	CENT.CALIF/C1
47		Burns, Christiana M	CANADA/B
48		Jones, Melanie	NEW JERSEY/C1
49		Tondu, Jennifer	NORTH CALIF/B1
50		Prifrel, Jennifer L	CENT.PENN/C9
51		Posthumous, Jennifer	CENT.CALIF/A1
52		Picken, Lisa J	ARK-LA-MIS/D1
53		Campi, Lisa Mich.	NO. CAROLINA/D1
54		Sikes, Julianna	WESTERN NY/B1
55T		Obenchain, Jane	ILLINOIS/D0
55T		Szabunia, Margaret	PHILA/B0
57		Barnes, Brandy G	NO. TEXAS/D1

58	Sokulsky, Kariann	NO. TEXAS/E0
59T	Medina, Blanca	METRO.NY/B0
59T	Smith, April G	PHILA/D1
61T	Domiguez, Diane	ILLINOIS
61T	Goins, B J Smiley	NO. TEXAS/D1
63	Jaramillo, Jeanine	OREGON/C9
64	Valter, Sonia	ST. LOUIS/D1
65	Dyer, Jennifer L	COLORADO/E1
66	Borgos, Susan H	COLORADO/D1
67	Brown, Caitlin A	SOUTH TEXAS
68	Ferguson, Diane F	VIRGINIA/E1
69	Todd, Leslie	ARK LA MIS/E0

31	Cheris, Elaine/A	CO
32	Krusen, Kathryn/A	CA
Tableaux of 32		
33	Lewis, Teresa/B	TX
34	Lafortune, Maud/C	Canada
35	Landymore, Heather/C	Canada
36	Matthews, Allison/B	Canada
37	Drenker, Katie/E	CO
38	Gilbert, Jennifer/A	CA
39	Burleigh, Bettina/E	NY
40	Spilman, Elisabeth/C	CA
41	Badami, Donna/C	SC
42	De Bruin, Claudette/E	OR
43	Cali, Cathleen/C	NY
44	Nolke, Sabine/A	Canada
45	Thompson, Jeanne/C	St. Louis
46	Buder, Cristy Lane/D	St. Louis
47	Collinge, Amy/C	Phil
48	Carey, Paulette/E	NY
49	Furu, Kathryn/B	Metro NY
50	Picken, Lisa/D	AR LA MS
51	Prifrel, Jennifer/C	MN
52	Ferguson, Diane/D	VA
53	Todd, Leslie/A	AR LA MS
54	Runyon, Cindy/D	Bernardino
55	Schneider, Brooke/C	MI
56T	Burns, Christiana/B	Canada
56T	Dyer, Jennifer CO	
58	Black, Carol/C	NJ
59	Dygart, Nicole/E	NY
60T	Hoch, Morgan/C	IL
60T	Pillon, Caroline/A	Canada
62	Rodgers, Christiana	Phil
63	Wylie, Dorshka/A	New Eng
64	Welsh, Shannon/B	Canada
65	Healy, Sarah/E	CA
66	Damian, Marie	Canada
67T	Doblog, Lisa/C	CAP
67T	Girardi, Danielle/D	IL
67T	Giroux, Evelyne/C	Canada
67T	Meyer, Roberta/E	KY
71T	Borgos, Susan/D	CO
71T	Duerson, Lourdes	GA
73T	Dominguez, Diane/D	IL
73T	Migdail, Karen J/E	CAP
75	Stone, Beth/D	New Eng

Women's Epee

Pl.	Points	Name	State
1	500	Miller, Margao/A	CA
2	470	Turpin, Barbara/A	MN
3	450	Marx, Leslie/A	IN
4	430	McClellan, Cathy L/A	New Eng
5		Paquin, Marie-Josée/A	Canada
6	380	Morrison, Veronica/A	Capitol
7	375	Martin, Margaret A/A	NY
8		Tygeson, Tanya/A	Canada
9	335	Haugh, Rachel/A	IN
10		Chouinard, Ysabele/A	Canada
11	325	Haugh, Kelly/B	IN
12	320	Reibman, Amy Ruth/A	NJ
13	285	Washburn, Amy Lee/B	Phil
14	280	Holly, Madeleine/A	NJ
15	275	Askins, Leith/B	MD
16	270	Jeandheur, Carole/B	Capitol
17	235	Loscalzo, Katherine/B	NJ
18	230	Klinger, Anne/A	OR
19	225	Losse, Claudia/C	CA
20	220	Littmann, Jane/A	SC
21		Embuldeniya, Winona/B	Canada
22	210	Beegle, C.J./A	WA
23	205	Maskell MD, Laura/A	OR
24	200	Duthie, K. Maria/C	InInd Empire
25		Porter, Karen/B	GA
26		Mansfield, Eugenie/B	WA
27		Frye, heather/D	InInd Empire
28		Griffin, Maureen/B	Canada
29		Frye, Mary P/B	MI
30		Viereck, Claudia/A	Canada



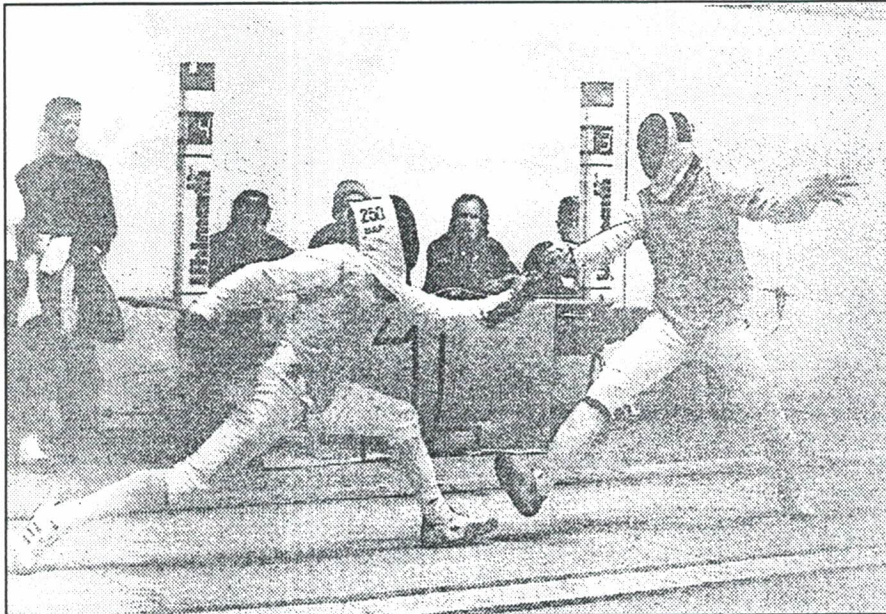
1991 Ventura, California, Tableau of Men's Foil: Zaddick Longenbach (R) makes one of his impressive flick touches to the back of Dean Hinton. Hinton still advances to the finals, but Longenbach comes back in the first two 1991-92 Circuits, currently ranked no. 1 in Olympic points.

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Men's Foil

Pl.	Points	U-20	Name	State	Points	Name	State
1	500		Hinton, Dean C	NORTH CALIF/A1	43	Bukantz, Jeffrey	NEW JERSEY/A1
2	470		Longenbach, Zaddick	MET.NY/A1	44	Yorukoglu, Murat	CENT.PENN/A9
3	450		Bravin, Eric Nick	SOUTH CALIF/A1	45	Diaz, Julio P	GEORGIA/A9
4			Bergeron, Nicolas	CANADA/A0	46	Headley, Mark Wold	N CALIF/A0
5	385		Carter, Al	SOUTH CALIF/A1	47	Adamcyk, Martin	CANADA/B
6			Angers, Stephan	CANADA/A	48	Davis, Glenn	CANADA
7			Rocheleau, Luc	CANADA/A0	49	Maggos, Christopher E	MET.NY/A0
8	370		Mufel, Edward	CENT.PENN/A1	50	Naranjo, Michael	ILLINOIS/A0
9	335		Weber, Alan E	METRO.NY/A1	51	Oliver, William	COLORODO/B0
10	330	330	McClain, Sean M	WEST NY/B1	52T	Osborne, Don E	OR.CST.CA/C9
11			Brouillet, Mathieu	CANADA/A	52T	Popper, Luca G	NATIONAL/E1
12	320		Cohen, Nathaniel	METRO.NY/A1	54	Kalina, Stanislas	CANADA/C
					55	Milligan, Bruce C	MARYLAND/A0
					56	Hambarzumian, Heik	N CALIF/B1
					57T	Cheu, Elliott	ILLINOIS/B9
					57T	Pederson, Michael S	NATIONAL/B0

90	Zamansky, Michael	METRO.NY/D1
91	Wheeler, Philip	MICHIGAN/C1
92	Wood, Alban	CANADA/C
93	Jarman-Miller, Daniel M	OR/B0
94	Bello, Sergio R	NORTH CALIF/C0
95	Mueller, Greg	INDIANA/A1
96	Kutschke, Karl V	TENNESSEE/D1
97	Chambers, Jason	GEORGIA/C1
98T	Cho, Michael H	MICHIGAN/B
98T	Haynes, Briant J	HARRISBURG/C1
100	Higgs-Coulthard, Peter	AZ/B1
101	Little, Matthew G	CANADA
102	Wolan, James R	COLUMBUS/C1
103	Ritter, Nathan	MICHIGAN/C1
104	Stewart, Robert	OREGON/D0
105	Brunner, Stanton	INDIANA/D1
106	Edwards, Timothy	KENTUCKY/D0
107	Yeung, Wally/B	Canada
108T	Hayashi, Arthur S/C	NY
108T	Kanar, Bryn/D	CA
108T	Monson, Eric	AR LA MI
111	Eikan, Evan	NY
112	Greene II, Charles/E	PA
113	Allman, Andrew/D	St. Louis
114	Bevens, Mike Jesse/C	OR
115T	Mac Kenzie, Frank/C	MI
115T	Power, Conor/C	IN
117	Donaker, Geoff/A	CA
118T	Al-Dubais, Mohammed/C	AK LA MI
118T	Bassin, Barry/C	CT
120	Steady, Dean/B	Canada
121	Slota, Thomas/D	IL
122T	King, Michael	OK
122T	Longval, Mark	San Diego
124	Williams, Jeremy/E	KY
125T	Quaintance, Kimo James/D	CO
125T	Zeiss, Gary/E	NY
127	Kim, Michael/E	KY
128T	Talbot, Mark	Canada
128T	Wikswow, Matthew	TN
130	Blair, Andrew	KY
131	Leyland II, John	IL
132	Brennan, John	IN



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1991 Ventura, California, Tableau of Men's Foil: Al Carter (L) attacks Mike Marx. Carter advances to the gold medal bout. His explosive attacks foil Marx. Giasson of Canada however takes the gold.

13	285	Marx, Michael	INDIANA/A1	59T	Bloomer, William M	N CALIF/A0
14	280	Tichacek, Jack D	NEW JERSEY/A1	59T	Brett-Major, David	MARYLAND
15	275	275 Pavase, Marc	METRO.NY/A0	61	Apsimon, Paul	CANADA/A
16	270	Carlay, Al	METRO.NY/A1	62T	Ford, Christian H	WEST NY/B1
17	235	Demarque, Jerome P	MET.NY/A1	62T	Moroney, Brain T	NEW JERSEY/C1
18	230	Olivares, Frets Gustavo	AL/B1	64	Waller, David	CANADA/A0
19	225	Yu, Marty	SOUTH CALIF/A1	65	Sherbot, Darren	CANADA/B
20	220	Thliveris, Thomas A	N CALIF/A1	66	Dubose, Anthony L	CENT.PENN/B1
21		Tremblay, Daniel	CANADA/A	67	Gross, Stephen R	ST. LOUIS/B8
22	210	Skrabonja, Randall	NJ/A1	68T	Hamel, Stephane	CANADA
23		Smith, Brandon	CANADA/B	68T	Harkness, R. Cole	N CALIF/A0
24		Soucy, Maxime	CANADA/A	70	Washburn II, Charles C	PHILA/B9
25		Osborne, Frank	MICHIGAN/A1	71T	Mahanty, Nishith K	NEW JERSEY
26		Bernard, Yann	CANADA/A	71T	Price, Peter	MINNESOTA/B1
27		Friedrich, Florian	CANADA/A9	73	Schenk, Ian	NEW JERSEY/C1
28		Kaihatsu, Edward	ILLINOIS/A0	74	Hensley, Timothy T	KENTUCKY/B0
29		Bello, Leonel	NORTH CALIF/A0	75	Tiffou, Denis	CANADA/B
30		De Morelos, Carlos	N CALIF/A8	76	Kwok, Wei-Tai	CENT.CALIF/B9
31		Bennett, Philippe	METRO.NY/A	77	Wood, Alexander	WEST.NY/D1
32		Popovics, Mikolos	CANADA	78	Hayenga, Gary	MINNESOTA/B1
		Tableau of 32		79	Kaiouby, Amr	NEW ENGLAND/B9
33		Gradbois, Peter	NORTH CALIF/A1	80	Van Leeuwen, Kwame	NEW ENG
34		Gearheart, Andy	MICHIGAN/B1	81	Hyson, Jeffrey	NEW JERSEY/B8
35		Rosenberg, Eric B	METRO.NY/A9	82	McCutcheon, Tim R	NEW ENG/C1
36		Gargiulo, Terrence L	NEW ENG/A9	83	Clinton, Colin R	WEST NY/E1
37		Dew, Eric	CENT.CALIF/B0	84	Printy, Michael O	CONN/C0
38		Fox, Frank Oliver	S CALIF/A1	85	Barker, Mark E	CANADA/C
39		Borin, James Frederic	CONN/B1	86	Baxter, Alden L	METRO.NY/C1
40		Smith, Cameron	CANADA/B	87	Vitale, John J	COLORODO
41		Cotton, Derek William	S CALIF/B0	88T	Carlson, Frank	NEW ENGLAND/D1
42		Conway, Rob	MICHIGAN/C1	88T	Parker, Raymond G	S TEXAS/B0

Men's Epee

Pl.	Points	Name	State
1	500	Normile, Jon/A	Metro NY
2	470	Marx, Robert/A	OR
3	450	Socolof, Joseph D/A	NJ
4	430	Atkins, Ben/A	Metro NY
5	385	Phillips, Miles/A	Metro NY
6	380	Weems, Rodney/A	NJ
7	375	Stull, Robert/A	TX
8	370	Griffiths, Steven/A	NJ
9	335	Arenberg, Jeffrey/B	CA
10	330	Hurme, Risto/A	TX
11	325	Kelly, Chris/A	MN
12		Bakonyi, Ron/A	Canada
13	285	Jugan, Bruce/A	Metro NY
14	280	Carpenter, James/A	Metro NY
15	275	Gostigian, Michael/B	TX
16	270	Trevor, Stephen/A	Metro NY
17	235	Andresen, Matthew/B	NC
18		Francis, Allan/A	Canada
19	225	Oshima, Marc/A	NJ
20	220	220 McClain, Sean/B	NY
21	215	Haley, James/B	TX
22	210	Block, Claus Dieter/A	National
23	205	Stull, Douglass/B	TX
24	200	Siegel, Lewis/A	Metro NY
25		Adamcyk, Martin/B	Canada
26		O'Neill, James/A	Metro NY
27		Frigon, Jean-Claude/A	Canada
28		Wawryn, Borys/A	Canada
29		MacKenzie, Frank/D	MI
30		Reith, William/B	OH
31		Kaminski, Michael/B	Canada
32		Latora, Nicholas/C	NJ

Tableaux of 32 Continued on page 20.

MEN'S FOIL TOP 40 RANKINGS

		Lyons	Vienna	Leningrad	Havana	Paris: Martini	Venice	Paris: Rommel	Budapest	Bonn	Total
1) BORELLA Andrea	ITA	28	0	0	14	10	5	0	12	16	85
2) WEIDNER Thorston	ALF	20	7	8	0	14	2	8	14	0	73
3) WENDT Joachim	AUT	16	14	5	2	4	3	5	0	14	63
4) OMNES Philippe	FRA	32	0	1	0	3	7	12	3	0	58
5) NUMA Mauro	ITA	6	0	14	2	0	0	4	16	7	49
6) LHOTELLIER Patri	FRA	6	0	4	0	1	16	16	5	0	48
7) ERSEK Zsolt	HUN	10	12	0	0	12	14	0	0	0	48
8) CHEVTCHENKO Dmitri	URS	24	0	12	3	0	0	1	0	8	48
9) BANDACH Leszek	POL	4	8	2	0	8	4	10	2	2	38
10) CERIONI Stephano	ITA	0	0	3	4	0	12	0	10	4	33
11) SCHRECK Uli	ALF	12	6	0	0	0	6	4	2	2	32
12) WEISSENORN Ingo	ALF	6	0	3	0	2	3	14	1	2	31
13) WAGNER Udo	ALF	2	4	1	0	1	4	0	6	12	30
14) PUCCINI Alessand	ITA	14	0	1	4	7	0	3	0	0	29
15) BEL Laurent	FRA	0	16	2	0	1	0	0	4	3	26
16) GEY Mathias	ALF	8	0	0	0	6	8	3	0	0	25
17) HOCINE Youssef	FRA	6	0	0	0	4	0	0	4	10	24
18) GOLOUBITSKI Serg	URS	8	0	4	10	0	2	0	0	0	24
19) KIELPIKOWSKI Pio	POL	8	2	1	0	3	10	0	0	0	24
20) CIPRESSA Andrea	ITA	0	0	16	3	0	0	0	0	4	23
21) VITALESTA Luca	ITA	0	0	10	4	2	0	0	4	0	20
22) IBRAGUIMOV Anvar	URS	0	0	0	8	3	2	1	3	3	20
23) ENDRES Thomas	ALF	4	0	2	0	0	2	4	7	1	20
24) ROMANKOV Aleksan	URS	0	0	0	0	16	1	0	0	0	17
25) KRZESINSKI Adam	POL	4	10	1	0	0	2	0	0	0	17
26) DIAZ Tuli	CUB	0	0	0	16	0	0	0	0	0	16
27) KORETSKI Boris	URS	2	0	2	7	1	0	0	3	0	15
28) MEMEDOV Ilgar	URS	0	0	0	4	5	4	2	0	0	15
29) ROEMER Uwe	ALF	2	0	0	0	0	1	0	8	2	13
30) NEMETH Zsolt	HUN	2	5	0	0	4	1	1	0	0	13
31) SOBCZAK Ryszard	POL	8	0	0	0	2	0	3	0	0	13
32) ZAMPARELLI Mauri	ITA	0	0	0	12	0	0	0	0	0	12
33) PLUMENAIL Lionel	FRA	0	1	0	0	0	0	7	1	3	12
34) CHRISTEN Roman	ALF	0	2	4	0	0	4	0	0	2	12
35) BUSA Istvan	HUN	0	2	0	2	0	1	0	0	6	11
36) GATAI Robert	HUN	4	4	0	0	0	3	0	0	0	11
37) ROSSI Francesco	ITA	0	2	6	0	0	1	0	0	0	9
38) GROC Patrick	FRA	0	0	0	0	4	0	0	1	4	9
39) BECKER Thorston	ALF	0	4	0	0	0	0	0	0	4	8
40) KOCH Alexander	ALF	0	0	0	0	0	2	0	4	2	8

MEN'S EPEE TOP 40 RANKINGS

		Tallin	Potiers	Lyons	Melbourne	Budapest	Barcelona	Paris	London	Heidenheim	Total
1) SCHMITT Arndt	ALF	0	14	0	24	0	16	12	12	0	92
2) LENGLET Oliver	FRA	0	16	4	16	8	8	0	4	0	75
3) MAZZONI Angelo	ITA	0	4	4	28	0	0	0	14	0	70
4) HENRY Jean-Michel	FRA	0	12	12	8	6	0	0	16	4	67
5) SRECKI Eric	FRA	0	4	2	12	12	0	0	6	16	65
6) CHOUINARD Jean-Michel	CAN	0	8	16	8	0	0	16	4	2	61
7) KOLOBKOV Pavel	URS	0	4	2	14	16	0	0	0	14	58
8) CUOMO Sandro	ITA	0	0	1	6	0	4	0	12	4	48
9) FELISIAK Robert	ALF	0	4	4	4	0	14	0	4	12	47
10) KAABERMA Kaido	URS	0	1	0	0	0	7	16	0	0	43
11) BORRMANN Elmar	ALF	0	2	3	8	0	12	2	7	0	42
12) GERULL Thomas	ALF	0	0	3	32	0	1	0	2	0	38
13) CHOUVALOV Andrei	URS	0	3	8	6	4	0	0	0	0	37
14) KRAVTCHOUK Sergu	URS	0	1	1	0	0	3	10	0	0	32
15) DRAENERT Patrick	ALF	0	2	0	0	14	4	1	5	0	28
16) PEREIRA Manual	ESP	0	0	4	2	0	0	4	6	10	26
17) PENA Fernando	ESP	0	6	0	4	0	0	2	2	0	26
18) KOSTAREV Serguei	URS	0	3	0	0	0	0	0	0	3	22
19) SZOEKE Attila	HUN	0	0	0	2	0	4	14	0	0	21
20) PROSKE Uwe	ALF	0	2	0	0	0	1	4	4	0	21
21) RANDAZZO Maurizi	ITA	0	0	0	6	0	0	7	0	7	21
22) KOPPANG Nils	NOR	0	0	0	4	0	0	0	0	0	20
23) RAUCH Gunther	ALF	0	0	0	0	10	0	0	10	0	20
24) AGUILERA Cesar	CUB	0	0	0	20	0	0	0	0	0	20

25) SANDEGREN Ulf	SWE	0	0	0	0	0	0	0	3	0	0	16	0	0	19
26) STRZALKA Marius	ALF	0	0	0	0	0	4	0	14	0	1	0	0	0	19
27) DI MARTINO Jean	FRA	0	7	3	0	2	2	0	2	3	0	0	1	0	18
28) RIBOUD Philippe	FRA	0	0	14	2	0	0	0	0	0	0	0	0	0	16
29) WINTER Lars	FIN	0	0	0	4	0	0	0	0	0	0	2	0	10	16
30) KOVACS Ivan	HUN	0	0	0	0	0	2	6	0	0	3	0	0	4	15
31) PASZTOR Szabolcs	HUN	0	0	10	0	0	0	0	0	0	0	0	4	0	14
32) PANTANO Stephano	ITA	0	0	0	2	0	0	0	0	8	2	2	0	0	14
33) KOLCZONAY Erno	HUN	0	0	2	10	0	0	0	0	0	0	0	0	2	14
34) RESEGOTTI Sandro	ITA	0	10	0	2	0	0	0	0	1	0	0	0	0	13
35) BOVIS Mario	ITA	0	0	0	0	0	2	0	8	0	0	1	0	2	13
36) HEGEDUES Ferenc	HUN	0	2	6	4	0	0	0	0	0	1	0	0	0	13
37) LOEFFLER Bernd	ALF	0	2	1	0	5	0	0	0	0	0	0	0	05	13
38) BERGER Reinhard	ALF	0	0	5	0	0	2	0	0	0	0	3	3	0	13
39) HOERGER Stephan	ALF	0	0	2	0	0	6	0	4	0	0	0	0	0	12
40) SKOROBAGATOV Ale	URS	0	0	0	0	0	0	3	0	0	8	0	0	0	11

MEN'S SABRE TOP 40 RANKINGS

		Abano		Lyons		Nancy		Moscow		Hannover		New York		Warsaw		Total
1) SZABO Bence	HUN	4	16	16	0	0	16	4	6	3	65					
2) BUJDOSO Imre	HUN	2	8	6	5	0	14	3	7	12	57					
3) BECKER Felix	ALF	2	12	4	12	7	0	0	16	0	53					
4) SCALZO Giovanni	ITA	10	14	0	0	12	0	3	12	1	52					
5) NEBALD Gyorgy	HUN	2	32	0	0	0	7	1	0	7	49					
6) KIRIENKO Gregori	URS	4	20	1	0	8	8	4	3	0	48					
7) ABAY Peter	HUN	0	0	2	2	0	6	16	4	14	44					
8) KEMPENICH Jorg	ALF	7	4	8	2	0	0	3	1	4	39					
9) COUDERC Laurent	FRA	16	0	0	0	0	2	2	1	16	37					
10) LAMOUR Jean-Fran	FRA	0	8	2	14	0	3	6	0	4	37					
11) POGOSSOV Gregori	URS	3	28	0	0	2	0	4	0	0	37					
12) GUTZEIT Vadim	URS	0	0	1	0	16	12	0	4	0	33					
13) KOEVES Csaba	HUN	4	6	4	16	0	0	0	2	0	32					
14) KOSCIELNIAKOWSKI	POL	0	4	3	7	2	10	2	3	0	31					
15) DUCHEIX Franck	FRA	1	2	12	10	0	0	0	5	0	30					
16) NOLTE Jurgen	ALF	0	8	4	4	0	0	4	0	8	28					
17) IBRAGUIMOV Samir	URS	0	2	0	0	14	2	1	8	0	27					
18) TEREZSI Tonhi	ITA	3	24	0	0	0	0	0	0	0	27					
19) CHIRCHOV Aleksan	URS	0	0	0	0	4	3	14	4	0	25					
20) DAURELLE Philippe	FRA	1	0	4	4	0	0	10	2	4	25					
21) OLECH Janusz	POL	4	6	0	1	2	1	0	1	6	21					
22) SZETEY Andras	HUN	1	0	14	1	0	1	1	2	0	20					
23) FRANZINI Andrea	ITA	0	0	0	0	10	0	0	0	10	20					
24) CSONGRADI Laszlo	HUN	3	4	0	4	0	0	8	0	1	20					
25) MARIN Marco	ITA	14	2	0	0	0	0	0	1	2	19					
26) HUCHWAJDA Jacek	ALF	0	0	0	0	0	5	2	10	2	19					
27) BLECKMANN Frank	ALF	0	4	7	1	0	0	2	2	3	19					
28) MEGLIO Fernando	ITA	2	8	0	0	4	1	0	0	3	18					
29) GUICHOT Pierre	FRA	1	10	1	3	0	0	2	0	0	17					
30) WISCHEIDT Klaus	ALF	0	0	0	0	0	2	12	0	2	16					
31) ETROPOLSKI Chris	BUL	8	4	2	0	0	1	0	1	0	16					
32) CAVALIERE Massim	ITA	0	0	0	6	0	4	2	2	1	15					
33) MINDIRGASSOV Ser	w/o	6	6	0	0	0	0	0	3	0	15					
34) BOROS Gyorgy	HUN	0	0	1	3	0	4	5	0	1	14					
35) MATEEV Nicola	BUL	0	0	10	2	1	0	0	0	0	13					
36) EIFFLER Uli	ALF	0	4	1	8	0	0	0	0	0	13					
37) ALCHAN Andrei	URS	1	6	0	0	6	0	0	0	0	13					
38) BOGOSLOVSKI	URS	0	0	3	0	3	2	1	0	4	13					
39) WENDEL Martin	ALF	12	0	0	0	0	0	0	0	0	12					
40) DERIEU Philippe	FRA	1	2	5	0	0	0	0	0	4	12					

WOMEN'S FOIL TOP 40 RANKINGS

		Como		Lyons		Budapest		Turin		Moscow		Total
1) TRILLINI Givanna	ITA	10	16	12	28	1	6	14	14	10	110	
2) FICHEL Anja	ALF	8	0	0	32	0	16	16	16	16	104	
3) ZALAFFI Margheri	ITA	4	4	16	4	16	10	4	10	0	68	
4) BORTOLOZZI Franc	ITA	1	4	10	16	3	8	8	6	6	61	
5) BIANCHEDI Kiana	ITA	12	0	5	0	12	3	12	12	4	60	
6) VACCARONI Dorina	ITA	6	14	14	4	4	4	10	0	2	58	
7) WEBER Monika	ITA	14	4	0	6	2	0	2	3	8	39	
8) DOBMEIER Annette	ALF	4	8	0	6	0	0	3	3	14	38	

Places 9-27 continued on page 22.

Basic Concepts

The Training Diary of a Fencer: Monitoring daily, weekly, monthly and yearly results, and using them to improve your performance

This article is to be used in conjunction with the 'Planning' article on page 4; due to its length and related charts it will be continued as the focus of the next issue. Previously filled out training charts of some of the world's and America's top fencers, as well as blank charts will appear in the next issue

The One-year and One-month Cycle Plan

1 Set your main target goal for the season. For example, do you want to make the Olympic, World or a varsity team, or make the finals in the Junior Olympics?

2 List all your major events for the year (circuits, college meets, World Cup events, training camp, etc.).

3. Now set monthly goals. For example, focus on physical conditioning, number of days of conditioning, footwork, or focus on the correction of technique. Set weekly goals such as sharp bouts or free fencing, free fencing with tactical tasks, etc. Set daily goals such as "20 minutes of footwork," improving your advance lunge, 20 sharp bouts, 80% winning bouts,

"The following are important issues you should reflect on, and write down as part of your training diary."

1 What is your dream

goal for this year?

2 What is potentially possible

if all your limits are

stretched this year?"

practice of relaxation or visualization techniques, etc.

The plan for the year or month should be brief and conceptual. Do not make a detailed plan for the whole season or for a whole month. There are too many factors which would make it not possible to fulfill, and frustration will result. Focus on the specifics of your weekly plan which is based on your conceptual plan. The weekly plan should be in detail. Be flexible; sometimes you will have to change or modify your weekly plan. This could be due to injury, luck in sparring, etc. Do not forget to include setting goals for your mental preparation as well, including relaxation, visualization, concentration.

Goal-Setting and Your Yearly Goals

The following are important issues you should reflect on, and write down as part of your training diary.

1 What is your dream goal for this year?

2 What is potentially possible if all your limits are stretched this year?

3 What is your realistic performance goal for this year?

4 Is this goal based on your present condition, skill level, your potential for improvement, and your current motivation.

5 What is your focused psychological goal for this year?

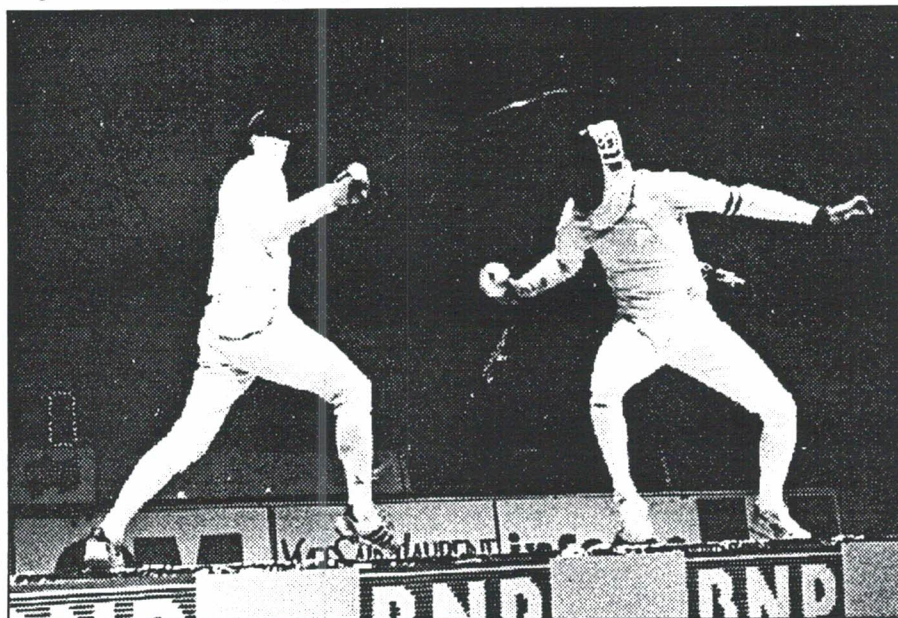
6 What is this goal specifically in terms of *your* psychological preparation or mental control.

7 What do you feel is important for you to focus on this year? Keep in mind issues such as distraction control, confidence, coping with stress, etc.

General Guidelines for Annual Training

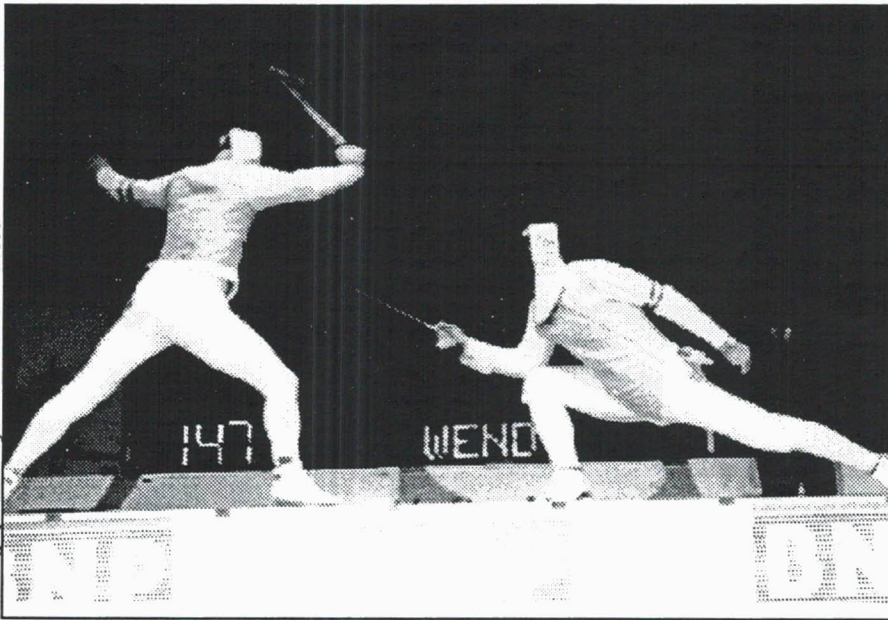
During the off-season, fencers should engage in a regimen to maintain basic physical abilities, or to correct weak points in this area. An off-season training program might consist of:

1 Weight training in order to increase basic strength, or to increase strength in muscle groups which are underdeveloped;



Photograph courtesy of Albert Axelrod ©1990

1990 Worlds, Men's Epee Finals: In the gold medal bout, Mazzoni (R) attempts a hand touch against Gerull. Ironically, Mazzoni wins his first bout 5-0, only to be defeated by Gerull 1-2!



1990 Worlds, Men's Foil Finals: Before advancing to the gold medal bout, Borella of Italy (R) pauses to defeat Wendt of Austria in their first bout in the finals. Note the whipping of Wendt's blade, and the closeness of Borella's point to the target.

- 2 A 6-10 week long conditioning program of low intensity and moderate frequency (2 times weekly);
- 3 Participation in other sport activities and recreational games such as tennis, swimming, soccer or racquetball.

During the pre-season, fencers should increase their basic physical abilities such as strength, speed, agility, flexibility, and endurance, and also increase specific fencing abilities. This is the main period for building technique and correcting errors and weakness in technique.

During the main season, the primary task is increasing technique and tactics, preparation for competitions and for the target competition. Usually one day weekly is kept for maintaining the physical abilities gained during the off-season and pre-season.

Recording the Training Load

Can you imagine a chef who did not know in detail what he put into a meal or how he prepared it? Or an architect not having precise details of a constructed building? Perhaps this seems a bit in excess. But you cannot find a top swimmer or runner, or one of their coaches who does not record in detail

the distance, speed, endurance training, etc. each and every day. Without such records it is impossible to evaluate all your preparations, to plan the proper loading, to peak for main competitions, and to control the training process in the most general and basic sense. Just to know that you spent, let's say 2-3 hours, three times a week fencing, and that the regular schedule of a training session is a warm-up, footwork, a fencing lesson and free fencing, conditioning, etc. simply isn't enough.

The reason is this; you will not be able to evaluate what was right or wrong in whatever results you achieved at the end of the season or main competition, whether these results were good or not so good. Only if you have enough detailed, objective information about your performance can you make such an analysis and then make the necessary corrections for improved performance.

One of the reasons why such a basic principle is neglected in fencing is that in fencing it is much more difficult to objectively record the loading. It is easier in swimming, running, weight lifting, etc. to record the time, distance, or amount of lifted weight. Fencers and

fencing coaches unfortunately have a more difficult time quantifying and recording training and competition results.

The Importance of Recording Loading and Maintaining a Training Chart

When I worked with Eastern European fencers who had plenty of time for practice every day, I had the task of planning the loading for each day during a given week, month or year. Should and epee, foil or sabre fencer fence 10, 15, 20, 25, 30 or 50 sharp bouts daily, 5 days a week? What should the ratio be between sharp bouts, free fencing and other types of training? What is the proper loading to produce the best results for each fencer so as to avoid overtraining? Another question is how to plan to peak for a major (World Cup) competition?

To answer these questions without recording the training load is very difficult. I know overloading is not normally a problem for U.S. fencers, but in each case it is important to determine what is the most effective loading, and how to peak for a competition.

For planning and recording the intensity and volume of a fencing load, we must first decide on the units of measurement and the different measurables in order to begin measuring the volume and intensity of loading. The following are the most important measurables in fencing:

- 1 The number of competitive bouts;
- 2 The number of sharp bouts (training bouts counting touches);
- 3 The number of touches given and received.

In the next issue we will continue with this topic and learn how to record these results and how to make sense of them.

—AK ◇◇

**1991-92 NAC #1 Louisville Results,
Continued from page 17.**

33	Ranson, James/A	Canada
34	O'Loughlin, Chris/A	Metro NY
35	Kanar, Bryn/A	CA
36	Williams, Darrell/A	NY
37	Pinel, Jean-Francois/A	Canada
38	Dockery, Keith/B	OR
39	Hensley, Timothy/A	KY
40	Masin, George/A	NY
41	Williams, Brett/D	NY
42	Goore, Hamlet/D	NC
43	Krause, Daniel/B	OR
44	Quaintance, Kimo/E	CO
45	Hughes, Michael/B	Capitol
46	Geinaw, William/A	CA
47	Wormack, Anthony/C	Capitol
48	Beshin, Jubba/A	NJ
49	Brunning, John/A	Canada
50T	Baldessari, Osvaldo/D	MN
50T	Messenger, Paul/C	TX
52	Wahren, John/A	TX
53	Millett, Ben/B	PA
54	Slota, Thomas/C	IL
55	Scranton, Robert/C	AR LA MI
56	LaMontagne, Francois/C	Canada
57T	Barrette, Charles/C	MN
57T	Gregor, Gregory/D	Metro NY
57T	Liggins, Adrian	Canada
60	Mehall, Michael/E	CA
61	Evans, Allen/C	WA
62	Erickson, Mark/A	CA
63	Wozniak, Grzegorz/C	IL
64	Shopik Jr., August/A	TX
65	Bracken, Paul/E	KY
66	Brett-Major, David/C	MD
67	Varney, John/B	WA
68	Adams, Conrad/B	TX
69	Bloom, Tamir/A	Phil
70	Clark, Richard/C	PA
71	St. Hilaire, Charles/B	Canada
72	Goodnuff, David/E	MN
73T	Bakos, Tars	Canada
73T	Korschun, Daniel	New Eng
73T	Speicher, Eric/A	CA
73T	Sturmhoefel, Knut/B	CAP
77	Hippas, William Michael/D	GA
78T	Collie, Peyton/B	VA
78T	Hibnes, Marshall/D	WA
78T	McCutchan, John/C	TN
81	Griffin, James/E	St. Louis
82	Swope, Christopher/A	CA
83	Stewart, Robert/B	OR
84	Ensign, David/D	IN
85T	Bill, Timothy/D	NJ
85T	Paine, Christopher/C	New Eng

87T	Duford, William/D	MI
87T	Vitale, John/D	CO
89	Greene II, Charles/E	PA
90	Varney, Douglas/C	IL
91	Longval, Mark/D	San Diego
92	Fleming, Gary	TX
93	Greenbaum, Isaac	Phil
94T	Elgart, James Preston/B	CA
94T	Niemiec, Mark/B	CO
96T	King, Michael	OK
96T	Vicioso, Giovanni/D	CT
98	Slama, Didier	Canada
99T	Berezov, David/D	TN
99T	Kim, Michael/E	KY
101	Howard, Eric/C	TN
102	Buchner, John	Canada
103	Vislocky, William/D	NY
104	Picken, Neal	OK

Men's Sabre

Pl.	Points	U-20
1	500	Lofton, Michael/A NY
2	470	Westbrook, Peter/A Metro NY
3	450	Stollman, David/A MI
4	430	Gonzalez-Rivas, George/A NY
5		Nazlimov, Vitali/A USSR
6	380	Friedberg, Paul/A Metro NY
7	375	Friedberg, John/A Metro NY
8	370	Mormando, Steve/A Metro NY
9	335	Gai, Dmitry/B San Diego
10	330	Cottingham, Robert/A NJ
11		Nowosielski, Leszek/A Canada
12	320	Chai, Seung-Jean/B CT
13	285	Reohr, Christopher/A National
14	280	Magloire, Rotchild/C Metro NY
15	275	Mandell, David/B Metro NY
16		Plourde, Tony/A Canada
17	235	Strzalkowski, Thomas/A PA
18	230	Capin, Bruce/B OR Cst CA
19	225	Maggio, Jonathan/C Metro NY
20	220	Cox, David/A PA
21	215	Rezazadeh, Ali/B PA
22		Bardagi, Michael/B Canada
23		Lester, William/B Canada
24		Buist, Philippe/C Canada
25		Carrigan, Steve/A Canada
26		Kovacs, Stephen/B Metro NY
27		Glikin, Sergey/D IL
28		Levin, Jason/C CA
29		Cox Jr, Peter/A NY
30		Consoli, Anthony/C NY
31		Rodriguez, Gerard/A Metro NY
32		Burget, Brad/B IL
Tableaux of 32		
33		Boivin, Alexandre/B Canada
34		Tuoto, Tony/D National

35	Anthony Jr, Donald/A	OH
36	Sarosi, Garreth/B	NJ
37	Gravel, Evens/A	Canada
38	St. Germain, Frederic/C	Canada
39	Hanna, Sean/D	NY
40	Kim, Mike/C	TX
41	Wojcikiewicz, Christian/C	Canada
42	Fallenbuchi, Robert/B	Canada
43	Parrilla, Ulpiano/A	Harrisburg
44	Mc Cune, Michael/E	MI
45T	Baguer, Edward/B	NJ
45T	Glanz, Evan/D	Phil
45T	Zuckerandel, Marc/B	Canada
48	Pinkus, Larry/B	VA
49	Kulakowski, Dominik/C	PA
50	Wroth, Thomas/C	NJ
51	Dussault, Alain/C	Canada
52	Audin, Michael/D	NJ
53	Walsh, Matthew/D	NY
54	Dosmann, Matthew/C	MI
55	Raynaud, Herby/C	NY
56	Hyson, Jeffrey/D	NJ
57	Sims III, Jack Randall/C	NJ
58T	Bullock IV, Andrew/C	Phil
58T	Jones III, Welton/C	San Diego
60	Keller, Ian/C	NJ
61	Iyer, Arun/E	LI
62	Pollack, Jonathan/E	PA
63	Pruden, Vincent	National
64	Goering, William/B	MI
65	Heck, Steven/B	Capitol
66	Crupi, Anthony/B	NJ
67	Rup, Gregory/D	NJ
68	Palestis, Brian/E	NJ
69	Cohn, Wylie	CT
70	Schulman, Bill/E	PA
71	Jouniaux, Martin	Canada
72	Mones, Herbert/B	LI
73	Warlick, Christopher/B	CA
74	Mc Innes, James/E	New Eng
75T	Harper, Brian/B	FL Gate
75T	Kornfeld, John/E	NY
75T	Ludwig, Mark/E	OH
78	Tenney, Steven/E	NY
79	Novotny, John/D	CT
80T	Lamothe, David	CT
80T	Ward, Charles	NY
82	Desjardins, Jon	LI
83	Sang, Jae Hyun/D	NY
84T	Colella, Louis/E	NJ
84T	Panzer, David/E	NJ
86	Dolesch, George/D	OH
87T	Rosko, Gabriel	Phil
87T	Sudo, Takaaki	NY
89	Guzzetta, Don/D	PA
90	Kabil, Mohamed	NY
91	Palestis, Paul	NJ

Women's Foil World Cup Standings, Continued from page 19.

9)	SADOVSKAIA Tatia	URS	1	0	0	10	14	2	0	8	0	35
10)	VELITCHKO Olga	URS	7	0	0	24	0	0	0	4	0	35
11)	BAU Sabine	ALF	0	3	0	4	7	3	4	0	12	33
12)	FUKENHAUSER Zita	ALF	0	3	0	0	8	7	3	5	2	28
13)	TRAVERSA Lucia	ITA	4	2	7	0	4	4	3	4	1	28
14)	SPENNATO Isabell	FRA	3	12	0	0	4	1	0	2	2	24
15)	WURTZ Marie-Hort	FRA	0	10	0	14	0	0	0	0	0	24
16)	MEYGRET Giselle	FRA	0	7	0	12	0	0	0	0	2	21
17)	XIAO Aihua	CHI	16	0	0	0	0	2	2	0	0	20
18)	SZABO-LAZAR Reka	ROM	0	0	0	20	0	0	0	0	0	20
19)	SOBCZAK Anna	POL	4	4	8	0	1	1	0	1	1	20
20)	LANG Susanne	ALF	3	3	0	0	0	2	1	7	4	20
21)	GRIGORESCU Claudia	ROM	0	0	0	0	0	14	0	1	3	18
22)	SZEWCZYK Barbara	POL	0	0	0	2	10	3	1	2	0	18
23)	BUSTI Rosalia	ALF	0	0	0	0	4	3	0	4	7	18
24)	GLIKINA Elena	URS	0	0	0	0	2	5	6	2	2	17
25)	BAUER Simone	ALF	2	2	0	0	6	1	0	2	3	16
26)	SIDOROVA Olga	URS	0	0	0	8	0	4	0	2	0	14
27)	WANG Huifeng	CHI	0	0	0	0	0	12	1	0	0	13

World Cup

Calendars

NATIONAL

North American Circuit & Other Events

<u>1991</u>	<u>Weapon</u>	<u>Dates</u>	<u>Location</u>
NAC1	MS	Dec. 1	Morristown High, NJ
	All F & E	Dec. 13-15	Louisville, KY

(See Results on pages 16-17.)

1992

NAC2	All	Jan. 17-19	Portland, OR
Col. Open	All	Jan. 17-19	Northwestern Univ., IL
NJ HS Champs.		Jan. 26	NJ
JO Champs.	All	Feb. 14-17	Kansas City, MO
NCAAs	All	Mar. 20-24	Notre Dame Univ., IN
NAC3	ME & MS	Apr. 4-5	Chicago, IL
	WF, MF & WE	Apr. 10-12	TBA
Nationals	All	Jun. 6-14	Dolton (Chicago), IL

1993

US Olympic Festival		July 23-Aug. 1	San Antonio, TX
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INTERNATIONAL

Open Internat. Events, and Junior & Senior World Cup

<u>1991</u>	<u>City & Country</u>		<u>Cat</u>	<u>Tournament(Fr.)</u>	<u>Events</u>
Nov. 2	Ottawa	CAN	Open	Remy Martin	MS, WE & WS
Nov. 9-10	Arnheim	HOL	Sr. A	Airborne Trophy	ME
<u>1992</u>					
Jan. 9-12	Budapest	HUN	Jr. A	Junior World Cup	All
Mar. 14-15	Herndon, VA	USA	Sr. A	USFA World Cup Sabre	MS
Apr. 16-20	Genoa	ITA	U-20	World U-20 Championships	All
May 27-31	Bonn	GER	Cadet	World Cadet Championships	All
Jul. 4-5	Havana	CUB	Sr. A	Senior World Championships	All
Jul. 25--Aug. 9	Barcelona	SPA	Sr. A	Olympic Games	M & WF, M & WE

(More on the Olympic Games calendar dates in the upcoming issue)

1993

April	Guadeloupe			Pan Am Senior Championships	All
Jul. 1-11	Essen	GER	Sr. A	Senior World Championships	All
Jul. 8-19	Buffalo, NY	USA		World University Games	All

1994

Summer	Athens	GRE	Sr. A	Senior World Championships	All
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Coaches Tips, Continued from page 12.

3 S: From close distance execute two quarte beats with head cut.

4 S: Execute a quarte beat with head cut with lunge.

5 The master and students' blades are in quarte engagement. The master moves forward and backwards with advances and retreats and either :

A) Makes a chest cut, in which case the student makes a quarte parry with riposte to the head, or

B) Gives a blade line (arm not fully extended), in which case the student makes a quarte beat with head cut.

These exercises may or may not seem difficult initially. The goal is to execute perfect movements, and to make these perfect movements automatic.—AK



Planning for the Fencer, Continued from page 6.

fencers undergo extremely high training loads. However, the transitional process to maximum volume of load is a complicated one. You should plan and prepare it with precision. Certain conditions must be met in order to prepare for such maximum loads. For instance, your physical condition, the environment, gym and fencing equipment, your psychological condition, your motivation and your awareness of the importance of increasing the training load should be considered.

It is not necessary to increase the load in all situations and is impossible to do so endlessly. In long term planning, all of the abovementioned methods of increasing the training load are usually interrelated. For example, a plan could be as follows: increased volume with constant intensity for the first year and then increased intensity with constant volume, etc.

preparation every year makes it possible for you and your coach to adjust and correct the loading for each new year. It is necessary to start such planning after the first year of fencing.

The key factor in determining the volume and intensity of the training load is the evaluation of the previously corrected plan. If you do not have such an earlier plan (i.e., no systematic administration of your executed work), then the planning for the following year should be rather intuitive. Your first constructed plan will require more corrections during the year, especially if the base of your plan was adopted from other competitors. Make your corrections according to your tolerance of your planned training load. The following are some planning requirements:

-The loading of a micro cycle (week) must have the character of a curve;

-Start the cycle with a small or medium load;

-The maximum load should be alternated with small and medium loads;

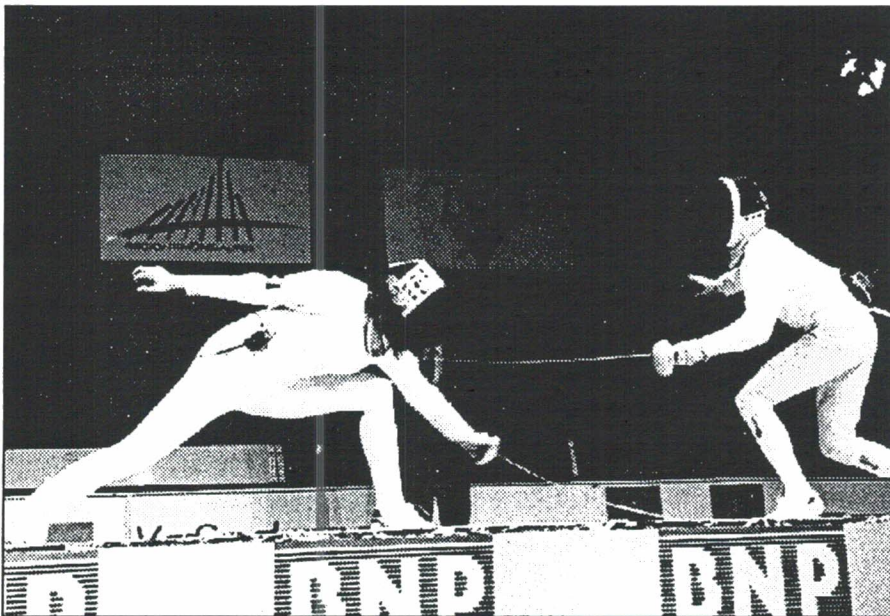
-Loading must not be simultaneously maximum in both volume and intensity;

-Identify your preference for loading in order to plan maximum load in the first or second half of the week;

-The planning of macro and micro cycles before competitions is very specific. The results of a competition depend on the structure of preparation (curve of loading) in the last 2-4 weeks before the competition.

The following additional planning requirements are based on experiences with planning a micro cycle before a competition:

-Loading should be *decreased* before a competition to allow rest and prevent exhaustion. However, the degree and time to start the decrease is different in each case. These differences are dependent upon the individual characteristics of each competitor



Photograph courtesy of Albert Axelrod ©1990

Women's Epee Action, '90 Worlds: Mazina of the USSR (L) attempts a toe touch against Moressee of France in their bronze medal bout. Mazina wins 2-1 to capture the bronze in the third bout.

The main principles of increasing the training load are listed below:

- The load must be proportional with the fitness level;
- The optimal load must dominate in the plan (not the maximum load).

The repetition of certain cycles of

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and on the importance of the competition;

-It is better to practice less before a competition rather than too much. (Keep in mind that even if practice is stopped completely, if you are well prepared, you can maintain this fitness level without change for 5-10 days before fitness will decrease.);

-Before a competition (especially 7-14 days prior), a decrease in loading is necessary during the cycle. The purpose of this is to relax the nervous system in order to achieve maximum psychological relaxation. However, it is necessary to maintain a reasonable load;

-The last training session involving maximum loading should be at least 4-5 days before a competition;

-Weeks before the main competition, the curve of loading should be coordinated with the actual loading curve to be experienced during the competition. A pattern of workload and relaxation should be practiced similar to the competition. For instance, if you

know that the direct elimination starts Saturday evening, it is necessary to organize and schedule your training so that the loading and rhythm are similar to this during the last 2 weeks ;

-If you are not confident, you may not practice until the day of competition. In this case, the need for increased self-confidence overrules the physiological energy that might be lost;

-For minor competitions during the season, you may compete without special preparation or

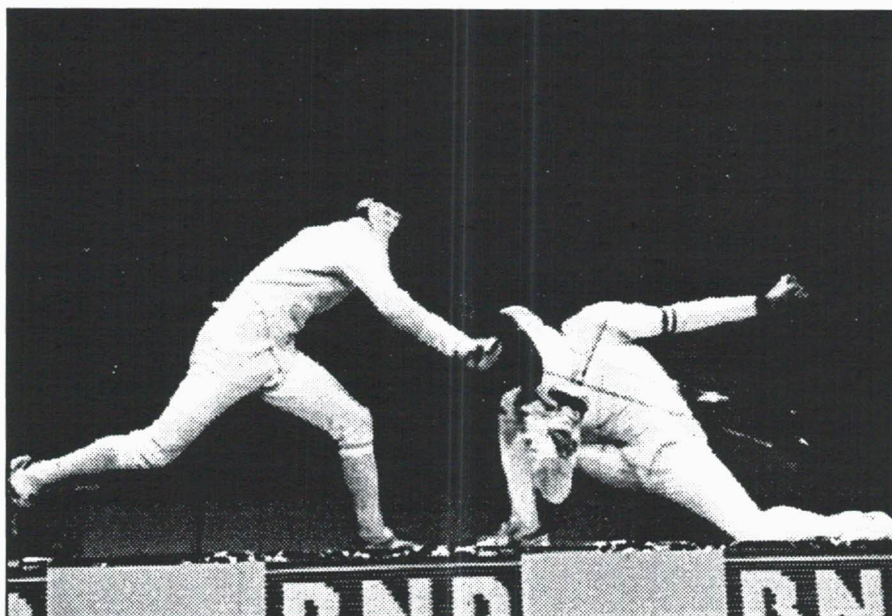
changes in your regimen. Only before major competitions should there be a decrease in loading.

—AK ◇◇

1990-91 NAC #2 Ventura Results Continued from page 31.

45	Wessel, Darin/D San Diego
46	Boyce, David/C CA
47	Coven, John/D CA
48	Baguer, Christian/C IN
49	Harper, Brian/B FL
50	Bostic, Andrew Kono/E Metro NY
51	Hanna, Sean/E Metro NY
52	Glanz, Evan/D Phil
53	Davidson, Michael OR Cst CA
54	Warlick, Christopher/B CA
55	Small, Kevin/D CA
56	Widder, Frank/C CA
57	Rezazadeh, Ali PA
58	Pollack, Jonathan PA
59	Miller, Jeffrey/D Cent CA
60	Pinkus, Larry/A VA
61	Sanderson, Charles OR Cst CA
62	Heindl, William/D CA
63	McConnell, Mark/E UT/ID
64	Rose, Geoffrey/C LA
65	Boyce, Charles/C CA
66	Russ, David/D CA
67	Bradley, Michael CA
68	Dunn, Lawrence L/C South CA
69T	Baguer, Edward/B NJ
69T	Iyer, Arun/E Long Island
69T	Mayer, Michael New Eng
69T	Nee, Jeffrey/D TX
73T	Auth, Michael/D CA
73T	Consoli, Anthony/C NJ
73T	Narkiewicz, Jason/C Metro NY
76T	Khatab, Hassan Zak/A Bernardino
76T	Railsback, Craig/E TX
78	Raynaud, Herby Metro NY
79	Sarosi, Garreth/B AZ
80	Furukawa, Michael CA
81	Kantor, Adam AZ

◇◇



Men's Epee Action, '90 Worlds: Mazzoni makes a very deep parry four against Gerull's fleche attack. Gerull remains undaunted to capture the gold.

Photograph courtesy of Albert Axelrod ©1990

1991 World Championships

**Budapest,
Hungary
June 1991**

Women's Foil

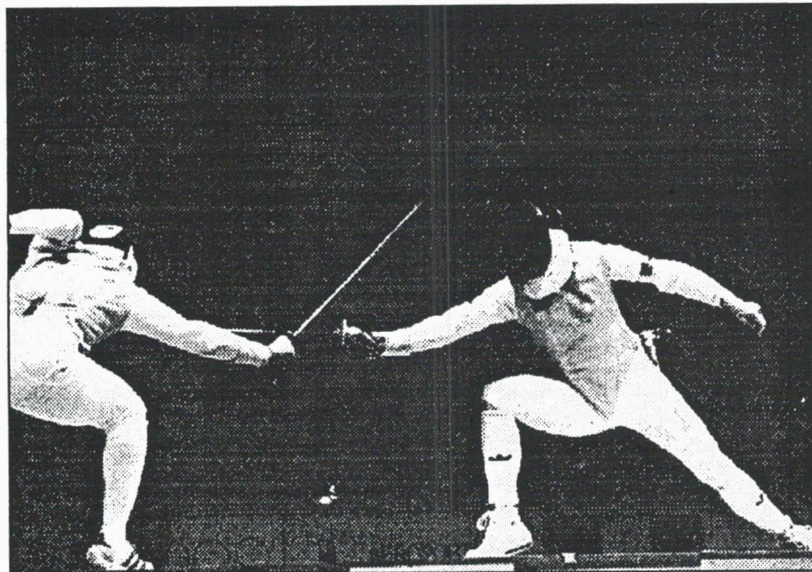
- 1) TRILLINI, Giovann ITA
- 2) GROGORESCU, Claud ROM
- 3) BAU, Sabine GER
- 4) SADOVSKAIA, Tatia URS
- 5) VACCARONI, Dorina ITA
- 6) MEYGRET, Gisele FRA
- 7) MINCZA, Ildiko HON
- 8) HATOEI, Lidia ISR
- 9) VELITCHKO, Olga URS
- 10) LEE HWA, Young KOR
- 11) TUFAN, Elisabeta ROU
- 12) JANOSI, Zsuzsa HON
- 13) FUNKENHAUSER, Zit GER
- 14) WURTZ, Marie Hort FRA
- 15) XIAO, Aihua CHI
- 16) SHIN SEONG, Ja KOR
- 17) BORTOLOZZI, Franc ITA
- 18) SZEWCZYK, Barbara POL
- 19) BIANCHEDI, Diana ITA
- 20) BADEA, Laura ROM
- 21) GLIKINA, Elena URS
- 22) WANG, Huifeng CHI
- 23) PUSZATAI, Ildiko HON
- 24) STRACHAN, Linda GBR
- 25) ZALAFFI, Margheri ITA
- 26) SOBCEK, Anna POL
- 27) PAVEL, Ana ROM
- 28) SZUCHNICKA, Agnie POL

- 29) DUMITRESCU, Claud ROM
- 30) E, Jie CHI
- 31) GROSS, Julie Anne FRA
- 32) LANTOS, Gabriella HON
- 33) HUSZTI, Rosalia GER
- 34) STEPANER, Gertrud HUN
- 35) DOBMEIER, Annette GER
- 36) BILODEAUX, Caitlin USA
- 37) FICHEL, Anja GER
- 38) SIDOROVA, Olga URS
- 39) ZELISKO, Nina AUT
- 40) VETU, Sophie FRA
- 41) CHUICHICH, Andrea ARG
- 42) KOPPENWALLNER, Ba AUT
- 43) NAPALKOVA, Tatian URS
- 44) PARISKI, Lilah ISR
- 45) MAWBY, Sarah GBR
- 46) ESQUERDO, Monter ESP
- 47) CASTILLEJO, Rosa ESP
- 48) TREMBLAY, Thalie CAN
- 49) TAK JEONG, Im KOR
- 50) PRUSAKOWSKA, Hann POL
- 51) LIANG, Jun CHI
- 52) HAUNOLD, Renee AUT
- 53) CHANG MI, Kyung KOR
- 53) OHAYON, Ayelet ISR
- 55) BARACKOV, Mirjana YUG
- 56) MATSUMOTO, Yoshik JAP
- 57) BONI, Sandra ESP
- 58) HARRIS, Lucy GBR
- 59) MACINTOSH, Fiona GBR
- 60) GUERGUIEVA, Ivana BUL
- 60) ZHU, Yu CHI
- 62) KIM JIN, Soon KOR
- 63) ROIG, Alizia ESP
- 64) TAKAYANAGI, Yuko JAP
- 65) MONPLAISIR, Sharon USA
- 66) PELLEGRINI, T AUS
- 67) SPENNATO, Isabell FRA
- 68) HERVIEU, Marie-Fr CAN
- 69) SULLIVAN, Molly USA
- 70) KREJOVIC, Vesna YUG

- 71) MC CALLUM, N AUS
- 72) AUBIN, Renee CAN
- 73) FERGERSON, Amanda GBR
- 74) LANOVIC, Tea YUG
- 75) MARSH, Ann USA
- 76) HALL, Jane USA
- 77) CHAPLIN, A AUS
- 78) IVANOVA, Emilia BUL
- 79) MACIEJEWSKA, Moni POL
- 80) VALANOU, Maria GRE
- 81) NONOGAKI, Rika JAP

- 82) SIMONT, Georgina MEX
- 83) GARCIA, Pilar ESP
- 84) MATEEVA, Ludmila BUL
- 85) YOSIMATSU, Miki JAP
- 86) KORKUS, Sharon ISR
- 87) GHILER, Orly ISR
- 88) HRISTOVA, Iveta BUL
- 89) BOURDAGES, Helene CAN
- 90) DELGADO, Dayana VEN
- 91) BONNEY, J AUS
- 92) ORAL, Ferda TUR
- 93) KUNG SHIEN, Wen TPE
- 94) CICERO, Niele MEX
- 95) CHAN CHIA, Jung TPE
- 96) MARJANSKI, Vesna YUG
- 97) SAITO, Yoshiko JAP
- 98) KRASTANOVA, Katia BUL
- 99) LAVIGNE, Sylvie CAN

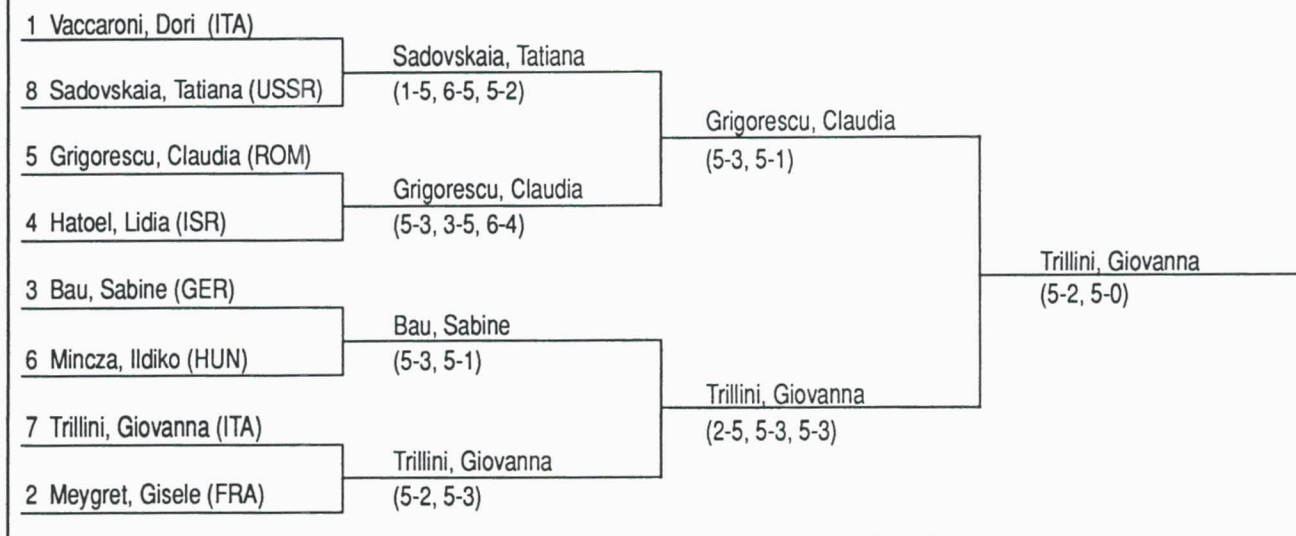
- 100) ZAPATA, Josefa MEX
- 101) STONEHOUSE, Pauli IRL
- 102) TOMIC, Eva YUG
- 103) PAPAPOPOULOU, Ge GRE
- 104) HUANG SHIN, Chu TPE
- 105) GUNAY, Nebihat TUR
- 106) BARTISSOL, Carmen POR
- 107) YANG SHIN, Fong TPE
- 108) ROGRIGUEZ, Janitz VEN
- 109) JANSEN, Julie Rao DAN
- 110) SALHI, Ferial ALG
- 111) DUENAS, Gabriella MEX
- 112) HASWELL, D AUS
- 113) LAY HUEY, Jun TPE
- 114) REGOUKOU, Liana GRE



1990 Worlds: Giovanna Trillini of Italy (L) counterattacks Anja Fichtel of Germany in the finals of the 1990 Worlds. Fichtel soundly defeats Trillini in two bouts 5-2, 5-2. For Trillini though, it's just a warm-up bout. She comes back in the 1991 Worlds to defeat Grigorescu of Romania 5-2, 5-0 and take the gold medal.

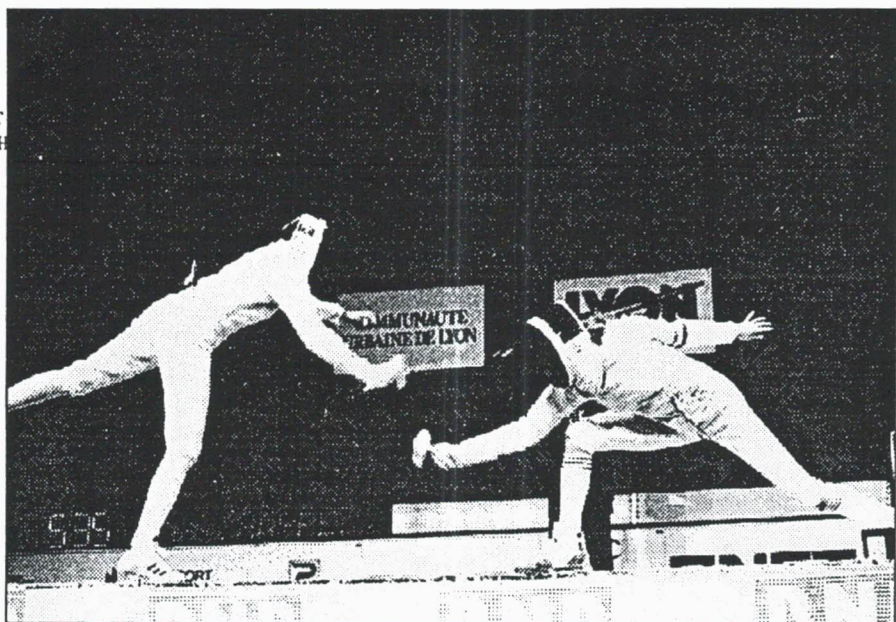
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1991 Worlds: Women's Foil Finals



Women's Epee

- | | |
|----------------------------|---------------------------|
| 1) HORVATH, Mariann HUN | 45) CHERIS, Elaine USA |
| 2) ITTNER, Eva-Maria GER | 46) MADER, Monika AUT |
| 3) VARKONYI, Marina HUN | 47) KOBAKOVA, Eva CZE |
| 4) ERMAKOVA, Oksana URS | 48) MUZSNAY, Emoke ROM |
| 5) CHIESA, Laura ITA | 49) KLEINBERGER, Judi AUT |
| 6) PENTUCCI, Isabelle SWI | 50) SVARRE, Pernille DAN |
| 7) ALBERTSON, Pia SWE | 51) JELZJAKOVA, Detel BUL |
| 8) COLTORTI, Annalis ITA | 52) BARLOIS, Valerie FRA |
| 9) AMENDOLARA, Saba ITA | 53) SKILLMAN, Laurel USA |
| 10) SPORY, Andrea GER | 54) MOTEA, Alina ROM |
| 11) SZOCS, Zsuzsa HUN | 55) MARTINEZ, Yolitz MEX |
| 12) STEENLAND, Nina NOR | 56) TOMLINSON, Penny GBR |
| 13) MAZINA, Maria NOR | 56) JOSSIFOVA, Roumja BUL |
| 14) WOLF, Michele URS | 58) CLARK, S AUS |
| 15) GRASNEK, Brigit SWI | 59) ALEXA, Mariana ROM |
| 16) ACKERMANN, Kersti AUT | 60) KRASTEVA, Borjana BUL |
| 17) TITTOVA, Victoria GER | 61) TRANQUE, Isabel ESP |
| 18) UGA, Elisa ITA | 62) ROZSTVALOVA, Kata CZE |
| 19) BUERKI, Gianna SWI | 63) DE KEZEL, Ariene BEL |
| 20) OSINGA, Permette HOL | 64) READ, Charl GBR |
| 21) HAUTERVILLE, Marl FRA | 65) HORMAY, Adrienn HUN |
| 22) LEBEDEVA-GORSKAJ URS | 66) VAN OLPHEN, Jacq HOL |
| 23) DUENAS, Angelica MEX | 67) SZALAI, Gyorgyi HUN |
| 24) ANGELSIO, Alessa ITA | 68) CHOUNARD, Ysabel CAN |
| 25) CHAPE, Taimi CUB | 69) MILLER, Margo USA |
| 26) BENON, Brigitte FRA | 70) CANO, Rosa ESP |
| 27) SEQUERA, Marianel VEN | 71) KOSO, Albina YUG |
| 28) MUZSNAY, Lilla ROM | 72) PILLON, Carolina CAN |
| 29) FIGUEROA, Janyli CUB | 73) MOUNCEY, S AUS |
| 30) STRAUB, Anja SWI | 74) TIEDINK, Nicolett HOL |
| 31) SCHAEFER, Ute GER | 75) BJORK, Pia SWE |
| 32) HULIN, Claude BEL | 76) GARAEVA, Julia URS |
| 33) DEVAUX, Valerie FRA | |
| 34) ELMFELDT, Maria SWI | |
| 35) PEREZ, Maria CUB | |
| 36) SAVIC, Tamara YUG | |
| 37) PEARCE, Sheila GBR | |
| 38) HUANG SHIN, Chu TPE | |
| 39) VAN EMDEN, Rebecca HOL | |
| 40) JECMINKOVA, Klara CZE | |
| 41) BLUM, Francoise SWI | |
| 42) EGLEN, Niimi SWE | |
| 43) KNECHTL, Elisabeth AUT | |
| 44) STEDRA, Veronika CZE | |

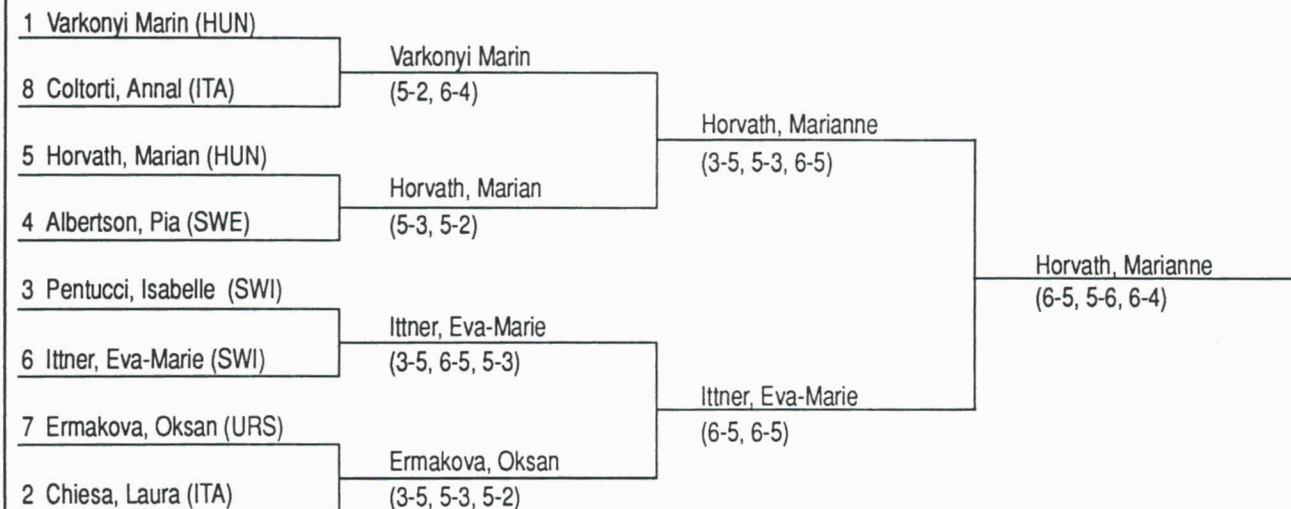


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1990 Worlds, Women's Epee: Diana Eori of Hungary (R) attempts a toe touch against Taimi Chappe of Cuba. Chappe steps back with a touch to the back. Chappe is the victor in two hard fought bouts of 6-5. Chappe returns in the 1991 Worlds a little less successfully, making the tableaux, but taking 25th place.

- | | | |
|---------------------------|----------------------------|----------------------------|
| 77) MILNER-BARRY, Ald GBR | 94) DUARTE, Ilcena CUB | 111) PAJKOVSKA, Sonja YUG |
| 78) LAST, Shirley ISR | 95) VONEN, Synnove NOR | 112) BARTISSOL, Carmen POR |
| 79) STONE, Donna USA | 96) MARIN, Dianicelys CUB | 113) CHIUCHICH, Andrea ARG |
| 80) SCHMITT, Marietta LUX | 97) RUIZ, Carmen ESP | 114) PAQOIN, Marie-Jos CAN |
| 81) VARGAS, Christine ESP | 98) SAVOLAINEN, Katri FIN | 115) BANNON, Mararet CAN |
| 82) AYBERK, Nehir TUR | 99) DRACOTT, A AUS | 116) TAI CHA, Hung TPE |
| 83) FICHTEL, Bettina GER | 100) FLYGARE, Agneta SWE | 117) ILIC, Danijela YUG |
| 84) MICHELSSON, Riita FIN | 100) KARAS, Vanja YUG | 118) WINTER, Pia FIN |
| 85) TOPIN, Florence FRA | 102) RUANO, Christine ESP | 119) UNTURK, Sevinc TUR |
| 86) KAARAINEN, Minna FIN | 103) TYGESEN, Tanya CAN | 120) SALHI, Feriel ALG |
| 87) CRAIG, V AUS | 104) MC CLELLAN, Cathy USA | 121) KUNG HSIEN, Wen TPE |
| 88) GARCIA, Angeles MEX | 105) ROLDAN, Lourdes MEX | 122) YANG SHIN, Fong TPE |
| 89) LAZZARINI, Paula BRA | 106) USHER, Georgina GBR | 123) LAY HUEY, Jun TPE |
| 90) GORBE, Irina ROM | 107) JUSLIN, Monika FIN | 000 |
| 91) DJERAKAROVA, Ani BUL | 108) IVANOVA, Zdravka BUL | |
| 92) GHILER, Orly ISR | 109) ORAL, Ferda TUR | |
| 93) LORENZ, Therese AUT | 110) SOMOGYIOVA, Lucia CZE | |

1991 Worlds: Women's Epee Finals



Men's Foil

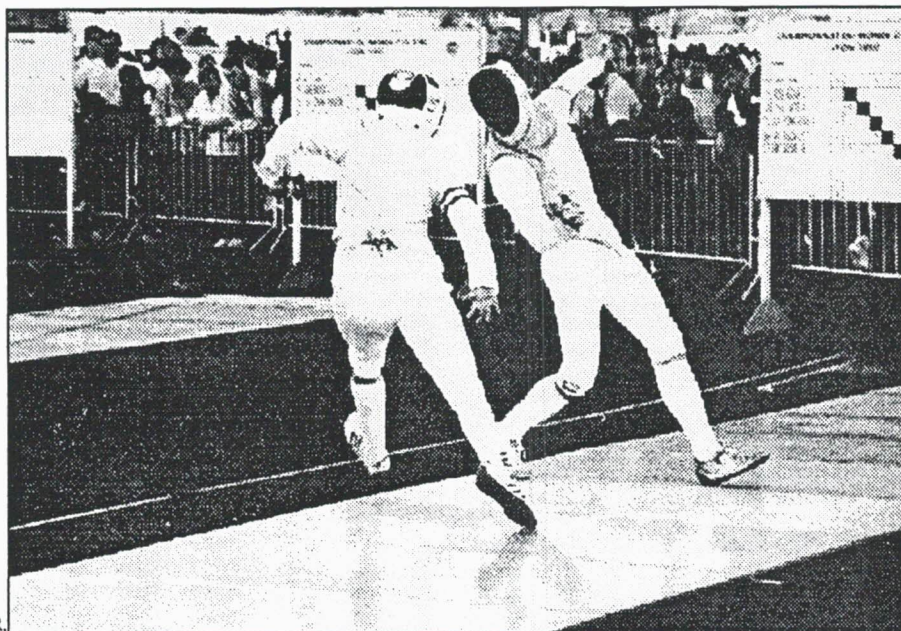
- 1) WIESSENBORN, Ingo GER
- 2) WIEDNER, Thorsten GER
- 3) HOCINE, Josef FRA
- 4) BEL, Laurent FRA
- 5) BORELLA, Andrea ITA
- 6) KIELPIKOWSKI, Pio POL
- 7) CHEVCHENKO, Dmitri URS
- 8) IBRAGUIMOV, Anvar URS
- 9) OMNES, Philippe FRA
- 10) WAGNER, Udo GER
- 11) SCHRECK, Uli GER
- 12) ABE, Kinya JAP
- 13) PUCCINI, Alessand ITA
- 14) GREGORY, Elvis CUB
- 15) GARCIA, Oscar CUB
- 16) CIPRESSA, Andrea ITA
- 17) MAMEDOV, Ilgar URS
- 18) LHOTELLIER, Patri FRA
- 19) KIM SEUNG, Pyo KOR
- 20) ERSEK, Zsolt HUN
- 21) ROMANKOV, Alexan URS
- 22) BRAVO, Ramiro ESP
- 23) KIM YUGNG, Ho KOR
- 24) RICHTER, Anatol AUT
- 25) CERIONI, Stefano ITA
- 26) LUDWIG, Michael AUT
- 27) DIAZ, Tullio CUB
- 28) LAMBERT, Olivier FRA
- 29) STRAND, Eric SUE
- 30) NUMA, Mauro ITA
- 31) GOLOUBITSKI, Serg URS
- 32) BANDACH, Leszek POL
- 33) ROMER, Uve GER
- 34) BETANCOURT, Javie CUB
- 35) NEMETH, Zsolt HUN
- 36) GRANLER, Oscar SUE
- 37) WANG, Lihong CHI
- 38) BARTLETT, Anthony GBR
- 39) WENDT, Joachim AUT
- 40) GARCIA, Andres ESP
- 41) WANG, Haibin CHI
- 42) BUZAN, Livius ROM
- 43) YE, Chong CHI

- 44) DENO, Harunobu JAP
- 45) OHAYON, Eyal ISR
- 46) PREDESCU, Mihai ROM
- 47) AKERBERG, Peter SUE
- 48) LAO, Shaopei CHI
- 49) BUSA, Istavan HUN
- 50) GOSBIE, Bill GBR
- 51) TUKERS, Orlando CUB
- 52) MURAKAMI, Kosei JAP
- 53) DUCU, Peuc ROM
- 54) SHIKINE, Yuichi JAP
- 55) KISS, Robert HUN
- 56) HINTON, Dean USA
- 57) SOUMAGNE, Thierry BEL
- 58) DAVIS, John GBR
- 59) HAMZA, Maher EGY
- 60) ELMOTAWAKEL, Moh EGY
- 61) SZELEI, Istvan HUN
- 62) BELL, Nick GBR
- 63) MOLEA, Romica ROM
- 64) KAZAGLIS, Dimitri GRE
- 65) MC MAHUN, G AUS
- 66) KRZESINSKI, Adam POL
- 67) ESPERANZA, Jesus ESP
- 68) NAGANO, Yoshihida JAP
- 69) LEE HO, Sung KOR
- 70) H. MUHAMMAD, Salm KUW
- 71) MARX, Michael USA
- 73) OJEDA, Miguel ARG
- 74) MC KENZIE, Donnie ESP
- 75) YOUNG, N GBR
- 76) KAIBJER, O AUS
- 77) FILE, Anita SUE
- 78) KAMPPELMUHLER, To ROM
- 79) SISS, Cezary AUT
- 80) SIMONT,

- Gustavo POL
- 81) GUERRA, Jose MEX
 - 82) BLANK, Niasan ESP
 - 83) RUIZ, Nelson COL
 - 84) VELCZHEV, Stojan BUL
 - 85) BLASCHKA, Robert AUT
 - 86) GIASSON, Benoit CAN
 - 87) SOB CZAK, Ryszard POL
 - 88) KOREN, Ariel ISR
 - 89) CARTER, Al USA
 - 90) NAM, Sin KOR
 - 91) KIM YONG, Kook KOR
 - 92) PEREZ, Alfredo VEN
 - 93) WARDLE, A AUS
 - 94) BEST, M AUS
 - 95) MORK, Soren DAN
 - 96) ANDERSEN, Rama Pr DAN
 - 97) MLADENOV, Mladen BUL

- 98) NUTT, M AUS
- 99) KREJOVIC, Zoran YUG
- 100) THORSEN, Philip DAN
- 101) BADOBLU, Ercume TUR
- 102) GUTIERREZ, Israel MEX
- 103) HELLSTROM, Oskar SUE
- 104) TICHACEK, Jack USA
- 105) TSCHERTOK, David DAN
- 106) TENEV, Milen BUL
- 107) PETERSON, Kasper DAN
- 108) BORCIC, Dubravko YUG
- 109) CAMACARO, Miq VEN
- 110) GUMARAES, Jose POR
- 111) CADENA, Alfonso MEX
- 112) REQUENA, Moises VEN
- 113) YEN CHIH, Hsing TPE
- 114) TORRES, Javier MEX
- 115) ZHANG, Zhicheng CHI

- 116) DEMARQUE, Jerom USA
- 117) GEROSIDERIS, Stat GRE
- 118) HUANG KUO, Chang TPE
- 119) KGERAY, Marko YUG
- 120) SAVIC, Aleksandar YUG
- 121) MAGGERANES, Raf VEN
- 122) TODOROV, Emanuy BUL
- 123) OWN CHIH, Hong TPE
- 124) HWANG DI, Ming TPE
- 125) NEDELICZHEV, Det BUL
- 126) SAKIROGLU, Sezgi TUR
- 127) LIMOV, Darko YUG
- 128) HUANG TZU, Hua TPE
- 129) CHAMBERS, Andrew IRL
- 130) SUAREZ, Rafael VEN



1990 Worlds, Men's Foil: Michael Marx (R) ripostes a fleeing Conscience of France. Marx ends up three places ahead of Conscience in the final placings at 23rd. Marx is again back, winning NAC #3 in Detroit and taking second in the 1992 Nationals, and making the Olympic team.

Photograph courtesy of Albert Axelrod ©1990

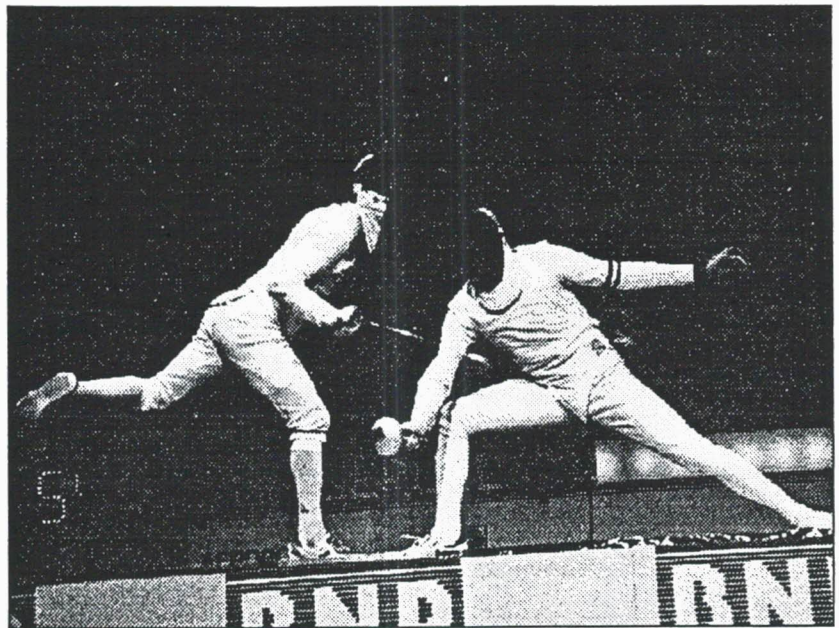
1991 Worlds: Men's Foil Finals



Men's Epee

- 1) CHOUVALOV, Andrei URS
- 2) FELISIAK, Robert GER
- 3) KOSTAREV, Serguei URS
- 4) KOVACS, Ivan HUN
- 5) SRECKI, Eric FRA
- 6) LEROUX, Robert FRA
- 7) DEPTA, Ales CZH
- 8) STRZALKA, Marius GER
- 9) KRAVCZHOUK, Sergu URS
- 10) LENGLET, Olivier FRA
- 11) MAZZONI, Angelo ITA
- 12) FERNANDEZ, Angel ESP
- 13) SCHMITT, Arnd GER
- 14) BORMANN, Elmar GER
- 15) CHOUINARD, Jean-M CAN
- 16) POP, Adrian ROM
- 17) RESEGOTTI, Sandro ITA
- 18) STROHMEIER, Arno AUT
- 19) KAABERMA, Kaido URS
- 20) CUOMO, Sandro ITA
- 21) LEE SANG, Ki KOR
- 22) MILAN, Corne ROM
- 23) FAGET, Herve FRA
- 24) CISZEWSKI, Maciej POL
- 25) XU, Xue'ning CHI
- 26) LEHMANN, Cyrill SUI
- 27) PENA, Fernando ESP
- 28) DOUBA, Jiri CHA
- 29) LUNDBLAD, Tomas SUE
- 30) ROTHLANDER, Herwi AUT
- 31) GONZALES, Cezar ESP
- 32) INGERDAHL, Mats SUE
- 33) RANDAZZO, Maurizi ITA
- 34) PANTELIMON, Gabri ROM
- 35) NOWOSIELSKI, Bogd CAN
- 36) KIM JEONG, Kwan KOR
- 37) RIVAS, Mauricio COL
- 38) BERGSTROM, Jerri SUE
- 39) DI TELLA, Rafael ARG
- 40) ICHIGATANI, Hirok JAP
- 41) MARX, Robert USA
- 42) KUBICEK, Tomas CZH
- 43) PANTANO, Stefano ITA
- 44) KOLOBKOV, Pavel URS
- 45) JECMINEK, Roman CZH
- 46) PEREIRA, Manuel ESP
- 47) KOPPANG, Nils NOR

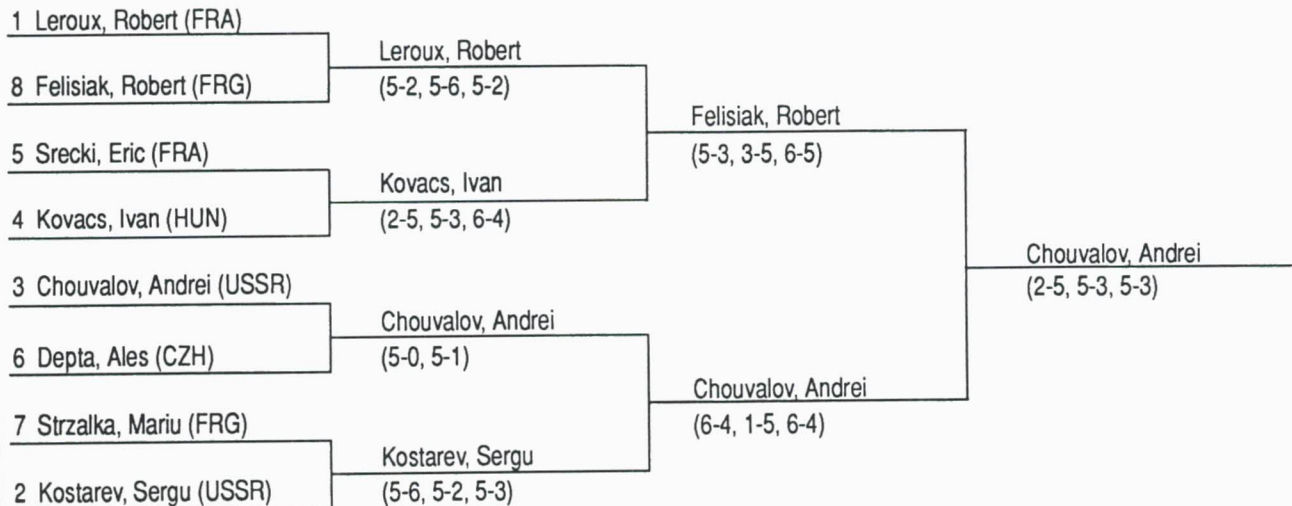
- 48) MIHAILESKU, Nico ROM
- 49) NAWROCKI, Slawomi POL
- 50) CHRONOWSKI, Ludom POL
- 51) PAZ, Juan Miguel COL
- 52) GORE, Robert GBR
- 53) SUGAWARA, Toshihi JAP
- 54) DAVIDSON, Robert AUS
- 55) NORMILE, Jon USA
- 56) ZWIERZYNSKI, Dani POL
- 57) COTE, Alain CAN
- 58) HEINONEN, Jyrki FIN
- 59) KOLBJORNSEN, Endr NOR
- 60) PAUL, Steven GBR
- 61) ZIPALEVICH, Mark ISR
- 62) CHOUINARD, Nicola CAN
- 63) CAZAERK, Steven BEL
- 64) NAGELE, Johannes AUT
- 65) VANKY, Peter SUE
- 66) BERRIMAN, Quentin GBR
- 67) HEGEDUS, Ferenc HUN
- 68) TANASJEVIC, Drag YUG
- 69) GANEFF, Stephane HOL
- 70) WINTER, Lasse Jr. FIN
- 71) KYLLIYOKI, Weliyu FIN
- 72) SANDEGREN, Ulf SUE
- 73) MURAKAMI, Tetsuhi JAP
- 74) SZOKE, Atila HUN
- 75) SCHIEL, Robert LUX
- 76) ADMA, Mirel RUE
- 77) KULCSAR, Kriszta HOL
- 78) PATMIOU, Michalis GRE
- 79) AL-MURDI, Nahed KUW
- 80) GEVA, Andrei ISR
- 81) YANG DAL, Sik KOR
- 82) BANDEIRA, Jose POR
- 83) SPELZ, Michel LUX
- 84) KORTEKAAS, Ton HOL
- 85) O'LOUGHLIN, Chris USA
- 86) TSCHERNER, Martin NZL
- 87) MAROTO, Raoul ESP
- 88) HIRVONEN, Jarmo FIN
- 89) AGUERO, Alb ARG
- 90) GERMAKOPOULOS, An GRE
- 91) PROSK, Uwe GER
- 92) HENRY, Jean-Miche FRA
- 93) CASTRO, Jorge MEX
- 94) LI, Ming CHI
- 95) BUERGIN, Nicola SUI
- 96) GREIDERER, Alexan AUT
- 97) NECKOVIC, Vliadan YUG
- 98) SHEPPERD, John AUS
- 99) TANABE, Norikazu JAP
- 100) JURKA, Tomas CZH
- 101) JAQUET, Olivier SUI
- 102) BURBRIDGE, Martin ARG
- 103) NISHIGAKI, Hitosh JAP
- 104) FRAZAO, Rui POR
- 105) GADOMSKI, Witold POL
- 106) YANG, Wenyoung CHI
- 107) DRIESSEN, Michiel HOL
- 108) JOHNSEN, Dagfinn NOR
- 109) SZIKRAI, Istvan HUN
- 110) MCLEAN, Gavin NZL
- 111) ARNOLD, S AUS
- 112) MECZHKOV, Iliya BUL
- 113) SHUNG, Laurie CAN
- 114) HAYAT, Eduard ISR
- 115) PFEFFERLE, Gerald SUI
- 116) POFPET, Michel SUI
- 117) TSOKAS, Petros GRE
- 118) SOUMAGNE, Thierz BEL
- 119) ANDERTON, Grant GBR
- 120) ALEKSANDROVSKI, T YUG
- 121) NIKOLOV, Ivan BUL
- 122) O'BRIEN, Michel IRL
- 123) SOCOLOF, Joseph USA
- 124) MADOR, Stipe YUG
- 125) SIMONT, Gustavo MEX
- 126) BIRNBAUM, Axel AUT
- 127) PARK CHOO, Kun KOR
- 128) VAN GALEN, Warjo HOL
- 129) JELEV, Mario BUL
- 130) KARDOLUS, Arwin HOR
- 131) KU KYO, Dong COL
- 132) ANGELITO, Octavio MEX
- 133) REDONET, Goodridg COS
- 134) KOPIEC, A AUS
- 135) JORGENSEN, Henrik DAN
- 136) YANG, Che TPE
- 137) VIRES, Joao POR
- 138) ANDERSEN, Rama Pr DAN
- 139) CORISH, Michael GBR
- 140) PETRICIC, Goran YUG
- 141) FIGUERRUA, Mario M PUR
- 142) PETKOV, Stoytcho BUL
- 143) RUIZ, Nelson COL
- 144) HOWARD, Laurence IRL
- 145) PINTO, Huan Nolla COL
- 146) WANG, Qun CHI
- 147) HWANG, Ming TPE
- 148) MAQUINA, Cesar VEN
- 149) SAKIROGLU, Sezgin TUR
- 150) CARPENTER, James USA
- 151) TWOMEY, John IRL
- 152) N. HASSAN, Ali KUW
- 153) CHEN PIN, Hong TPE
- 154) GOKDEMIR, Costun TUR
- 155) CHAN, T AUS
- 156) MATA, Tomas MEX
- 157) BALWA, Ohad ISR
- 158) KALIVIAN, Leoni GRE
- 159) PINTO, Joaquin No COL
- 160) AYBERK, Haka TUR
- 161) YANG CHIH, Kuo TPE
- 162) OWN CHIH, Hong TPE
- 163) LI, Heng CHI
- 000



Photograph of Albert Axelrod ©1990

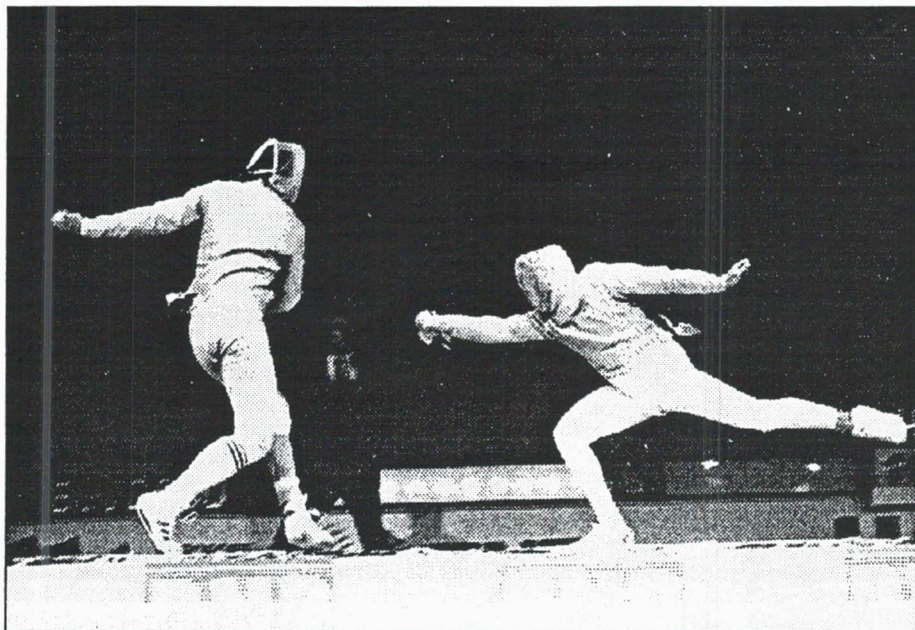
1990 Worlds, Men's Epee: Thomas Gerull (L) of (former) W. Germany fleches Angelo Mazzoni. Note the grip on Mazzoni's weapon. Gerull takes away the gold in three hard fought bouts. Mazzoni is back in '91 taking 11th. Strangely no Italians made the finals in epee in 1991.

1991 Worlds: Men's Epee Finals



Men's Sabre

- 1) KIRIENKO, Grigori URS
- 2) ABAY, Peter HUN
- 3) GOUTZEIT, Vadim URS
- 4) NEBALD, Gyorgy HUN
- 5) DUCHEIX, Franck FRA
- 6) BECKER, Felix GER
- 7) KOSCIELNIAKUWSKI POL
- 8) OLECH, Janusz POL
- 9) SCALZO, Giovanni ITA
- 10) GNIEWKUWSKI, Marec POL
- 11) HUCHWAJDA, Jacek GER
- 12) CHICULITA, Alexan ROM
- 13) SZABO, Bence HUN
- 14) KOVES, Csaba HUN
- 15) MARIN, Marco ITA
- 16) CHIRCHOV, Alexand URS
- 17) LAMOUR, Jean Fran FRA
- 18) MEGLIO, Ferdinand ITA
- 19) BANOS, Jean-Paul CAN
- 20) BUJDOSO, Imre HUN
- 21) NOLTE, Jurgen GER
- 22) BOGOSLOWSKI, Serg URS
- 23) ALCHAN, Andrei URS
- 24) PEINADOR, Raul ESP
- 25) TERENCEZ, Tonhi ITA
- 26) PEYCZHEV, Petar BUL
- 27) JASKOT, Norbert POL
- 28) LOFTON, Michael USA
- 29) ZHENG, Zhaokang CHI
- 30) KISIEL, Jaroslaw POL
- 31) ZAVIEH, Kink GBR
- 32) HRADEZ, Hannes AUT
- 33) KEMPELICH, Jorg GER
- 34) FRANZINI, Andrea ITA
- 35) DAURELLE, Jean Ph FRA
- 36) COUDERC, Laurent FRA
- 37) WANG, Zhiming CHI
- 38) GAUREANU, Dan ROM
- 39) GRIGORE, Daniel ROM
- 40) GUICHOT, Pierre FRA
- 41) BLECKMANN, Frank GER
- 42) PLOURDE, Tony CAN



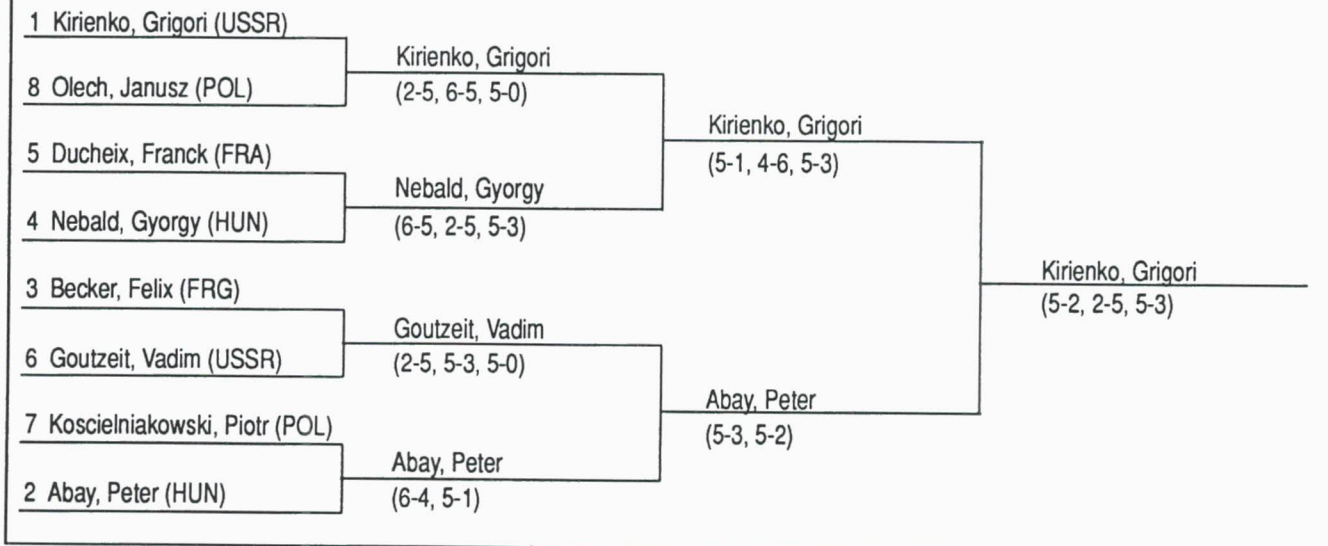
1990 Worlds, Men's Sabre: Bujdoso of Hungary (L) demonstrates his ability to parry any attack, here Grigori Kirienko's of the former USSR. Kirienko misses the bronze medal taking fourth, but comes back the next year, seated no. 1 in the finals, and capturing the gold by defeating the Hungarian Abay. Photo courtesy A. Axelrod.

- | | | | |
|---------------------------|---------------------------|----------------------------|----------------------------|
| 43) SZABO, Vilmos ROM | 61) STOLLMAN, David USA | 79) LEE HYU, Kun KOR | 112) KIM SUK, Joon KOR |
| 44) JIANG, Yefei CHI | 62) JIA, Guihua CHI | 80) BENTITEZ, Benjamin MEX | 113) JORGENSEN, Norman DAN |
| 45) COSTACHE, Dan ROM | 63) BANOS, Jean-Marie CAN | 81) WOLF, Ivo AUT | 114) UROSEVIC, Igor YUG |
| 46) BABANASIS, Zisis GRE | 64) MAY, J AUS | 82) MARTINI, Olivier MON | 000 |
| 47) MEZA, Ronald VEN | 65) YAMAGUCHI, Katsum JAP | 83) LEE SOO, Kun KOR | |
| 48) LEE, Sin KOR | 66) GARCIA, Antonio ESP | 84) SOKOL, B AUS | |
| 49) GRAVEL, Evens CAN | 67) ALVAREZ, Josec ESP | 85) FLECZHER, Nick GBR | |
| 50) SARRIS, Manolis GRE | 68) SCHEICHER, Jurgen AUT | 86) BENTITEZ, Martin MEX | |
| 51) WESTBROOK, Peter USA | 69) WILLIAMS, Ian GBR | 87) GOLGER, Alexander ISR | |
| 52) DESCHENES, Bruno CAN | 70) DA SILVA, Luis POR | 88) PIPITOS, Xenofon GRE | |
| 53) RIOJA, Marco ESP | 71) YANG, Zhen CHI | 89) CHARLES, S AUS | |
| 54) AVRAMOV, Kalojan BUL | 72) HASHIMOTO, Hirosh JAP | 90) HUANG KUO, Chang TPE | |
| 55) SATTLER, Roman AUT | 73) MAURITZ, Rainer AUT | 91) TASS, Atilla ARG | |
| 56) STOYCZHEV, Joulia BUL | 74) CHIBA, Junichi JAP | 92) MOYANO, Carlos ARG | |
| 57) PAVLOV, Teodor BUL | 75) KATO, Tadayoshi JAP | 93) BRAVO, Carlos VEN | |
| 58) MORMANDO, Steve USA | 76) SAWADA, Satoshi JAP | 94) DUCUING, Gustavo ARG | |
| 59) COHEN, Richard GBR | 77) MULLINS, Cordero COS | 95) MONSALVE, Luis VEN | |
| 60) TORRECILLA, Jesus ESP | 78) BOUBOUKIS, Kostas GRE | 96) SIMONJI, Gabor YUG | |

- 97) CZHOUKANOV, Minko BUL
- 98) TREJO, Victor MEX
- 99) MECHETTI, Carlos ARG
- 100) ZAHIR, Amin GBR
- 101) FRIEDBERG, John USA
- 102) SRECKOVIC, Nebojs YUG
- 103) CHENG SHIH, Shen TPE
- 104) REDONET, Goodridg COS
- 105) WENG RENG, Hong TPE
- 106) HUANG TZU, Hua TPE
- 107) LIN WEN, Hung TPE
- 108) OROVIC, Vladimir YUG
- 109) YUCESOY, Ruhi TUR
- 110) TAPAN, Metin TUR
- 111) DEMBER, Atilla YUG

EN GARDE! does need international results and photographs. If you are attending a World Cup event or any other international competition, please bring us a complete set of results. They can be mailed or faxed to the address on page 6. Thank you.

1991 Worlds: Men's Sabre Finals



1990-91 NAC #2 Ventura Results
Continued from page 15.

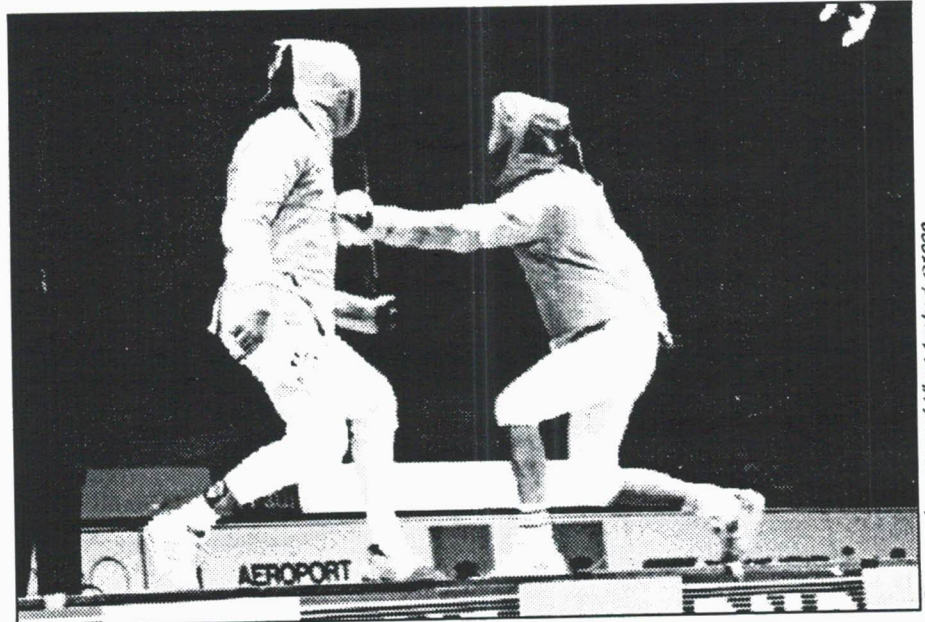
15	320	Masin, George/A Metro NY
16	310	Storm, E Bentley/A CAP
17	300 300	Bloom, Tamir/C Phil
18		Bakonyi, Ron/A Canada
19	280	Niemiec, Mark/C CO
20	270	Elgart, James Prestor/B CA
21	260	Gana, Jorge/B MD
22	250	Melcher, Charles/B Metro NY
23	240	Messenger, Paul/C TX
24		Friedrich, Florian/A Canada
25		Goossens, Bruno/A North CA
26		Pickup, Darren/A Canada
27		Oshima, Marc/A NJ
28		Hayenga, Gary Michael/D MN
29		Thomas, William/A TX
30		Finley, Benjamin/D IN
31		Siegel, Lewis/A Metro NY
32		Loeffler, Carl/D National
Tableaux of 32		
33		Christe, Mark/A CA
34		Harris, Matthew/A CA
35T		Block, Claus Dieter/A CA
35T		Griffiths, Steven/A NJ
35T		Thompson, Tristram/A CA
38T		Kanar, Bryn/C CA
38T		Niemann, Karl/C CO
40		Gelnaw, William/A CA
41		Baldessari, Osvaldo/E MN
42		Lessard, Felix/A Canada
43		Johansen, Zhon/C UT/ID
44		Brammal, Ian/A Canada
45		Lee, Kenneth/C Bernardino
46		Atkins, Ben/A Metro NY
47		Erickson, Mark/B CA
48		Collie, Peyton/B CAP
49		Melcher, James L/B Metro NY
50		Journet, Oliver/E CA
51		Bakonyi, David/A Canada
52		Weems, Rodney/A NJ
53		Millett, Ben/C PA
54T		Clark, Richard/C FL
54T		Wahren, John/A TX
56		Yang, Jerry/C OR Cst CA
57T		Speicher, Eric/C CA
57T		Williams, Clifton/C Metro NY
59		Nee, Gregory/B CA
60T		Klaus, Christopher/C NJ
60T		Phillips, Miles D/A MN
62		Evans, Allen/D WA
63		Shypert, Gregory/A CA
64		Jones, Michael/C WA
65		Hartill, Michael/C LI
66		Bill, Timothy/D NJ
67		Richardson, Frank/A Bernardino
68		De Capite, Marco/E New Eng
69		Steiner, Michael/C Mt Valley
70T		Beemer III, Edwin/C CAP
70T		Dahl, Martin/C TX
70T		Hibnes, Marshal/D WA
73T		Crews, William/D CAP
73T		Hall, Michael F/B South TX
75		Rosenheimer, David/D North CA
76		Brunning, John/A Canada
77		Kelly, Chris/B MN
78		White, Mage/A CA
79		Guerra, Jose CA
80		Van Dyke, Frank/A CA
81		Barrette, Charles/D MN
82T		Feldschuh, Michael/C Metro NY
82T		Weder, Marcus Canada
84		Helgeson, John
85		Lattin, Kenneth/D OR
86		Williams, Brett/D Metro NY
87		Thistlethwaite, Doug/B Bernardino
88T		Fekete, Nicholas CA
88T		Hewitt, Frank/B San Diego
90T		Battle, Joseph/E Metro NY

90T		Tam, Pak Ming/C CA
92		Ciadera, Gustavo/A Australia
93		Weder, Thomas Canada
94		Willens, Daniel CA
95T		Krause, Daniel/B OR
97		Pickup, Andrew/A Canada
97		Stewart, Michael/C CA
98		Adolf, Neal/D OR
99		Bruce Jr, Ommer/D Bernardino
100		Hollingsworth, Russell/D CO
101		Harper, Brian FL
102		Schatz, Hans/C TX
103		Wallace, David New England
94T		Elgart, James Prestor/B North CA
94T		Hayenga, Gary Michael/C MN
96T		Evans, Allen/E West WA
96T		Hagen, Christopher Lee/E MN
96T		Pickup, Darren/A Canada
99T		Bakonyi, Peter/B Canada
99T		Carberry, Mark/D CO
99T		Stringer, Chris/E OR
102		Adolf, Neal/D OR
103		Wiederhorn, Michael NJ
104		Bovee, Erik CA
105T		Elkan, Raoul
105T		Firus, Charles/C OR Cst CA
105T		Korschun, Daniel New Eng
105T		Longval, Mark/D San Diego
109		Browning, Patrick/E Mt Valley
110		Nichols, Ronald OR Cst CA
111		Sarphie, T E/E OR Cst CA
112		Downey, Jerry/A CA
113		Korn, Benjamin/C CA
114T		Leblanc, James CA
114T		Noli, Matthew AZ
114T		Smith, Johan/E Mt Valley
114T		Vamey, John/B WA
118		Rezazadeh, Ali PA
119T		Hahn, Robert UT/ID
119T		Peng, Tom/D Bernardino
121		Russell, Dennis Bernardino
122		Pierot, David/D OR Cst CA
123		Feinblatt, Jeffrey CA
124		Reno, Michael AZ

Pl.	Points	U-20	
1			Mindirgasov, Sergel/A Stateless
2	480		Mormando, Steve/A Metro NY
3	460		Friedberg, John/A Metro NY
4	440		Stollman, David/A MI
5	420		Anthony, Jr., Donald/A Metro NY
6	410		Westbrook, Peter/A Metro NY
7	400		Cox, David B/A Cent PA
8	390		Randolph, Robert/A CA
9	380		Deschenes, Bruno/A Canada
10	370		Lofton, Michael/A Metro NY
11	360		Reohr, Christopher/A National
12			Nazlimov, Vitali/A USSR
13	340		Cottingham, Robert/A NJ
14	330		Zimmerman, Greg/A CA
15			Nowosielski, Leszek/A Canada
16	310		Gonzalez-Rivas, Georg./A Metro NY
17	300 300		Kulakowski, Dominik/C PA
18	290		Friedberg, Paul/A Metro NY
19	280		Capin, Bruce/B OR Cst CA
20	270		Mandell, David/B Metro NY
21	260		Benedek, Miklos/A Cent CA
22	250		D'Amico, Leonard/D Cent CA
23	240		Tass, Atilla/A AZ
24	230		Magloire, Rotchild/C Metro NY
25			Lukacs, Ferenc/C CA
26			Kovacs, Stephen/B Metro NY
27			Cox Jr, Peter/B New Eng
28			Zilbershteyn, Gherman/A CA
29			Goering, William/B MI
30			Maggio, Jonathan/C Metro NY
31			Rodriguez, Gerard/A Metro NY
32			Hayes, Joseph/A CA
Tableaux of 32			
33			Sang, Jae Hyun/D Metro NY
34			Strzalkowski, Tomas/A VA
35			Milgram, Daniel/D CA
36T			Friedrich, Avi/C OR Cst CA
36T			Wroth, Thomas/C NJ
38			Chung, Sung/C NJ
39			Levin, Jason/E CA
40			Burget, Brad/B IL
41			Canela, Terrence/E Metro NY
42			Ferretti, Vincent/A Canada
43			Heck, Steven/A MD
44			Condrey, John Lee/D CA

Continued on page 25.

Men's Sabre



1990 Worlds, Men's Sabre: Hungarian sabreur Nebald (R) attacks Pogosssov of the Soviet Union during the gold medal bout. Nebald wins in two straight bouts, 6-4 & 6-4.

Photograph courtesy of Albert Axelrod ©1990

R E S U L T S

World Cup Men's Epee

Epee Internationale de Montreal FIE Category A Montreal, Quebec CANADA Feb. 2 & 3, 1991



- 1 **Henri, Jean-Marc** FRA
 - 2 **Mazzoni, Alessandro** ITA
 - 3 **Cuomo, Sandro** ITA
 - 4 **Pereira, Manuel** SPA
 - 5 **Pantano, Stephano** ITA
 - 6 **Randazzo, Maurizio** ITA
 - 7 **Srecki, Eric** FRA
 - 8 **Faget, Herve** FRA
- Finalists*
- 9 **Chouinard, Jean-Marc** CAN
 - 10 **Fernandez, Angel** SPA
 - 11 **Nowosielski, Danek** CAN
 - 12 **Trevor, Steve** USA
 - 13 **Milanoli, Paolo** ITA
 - 14 **Muratorio, Jean-Marc** FRA
 - 15 **Di Martino, Jean-Fr.** FRA
 - 16 **O'Neill, James** USA
 - 17 **Pena, Fernando** SPA
 - 18 **Maroto, Raul** SPA
 - 19 **Kardolus, Arwin** HOL
 - 20 **Strohmeyer, Arno** AUT
 - 21 **Bloom, Tamir** USA
 - 22 **Dessureault, Michel** CAN
 - 23 **Delhomme, Remi** FRA
 - 24 **Gomez, Miguel** SPA
 - 25 **Bermond, Andrea** ITA
 - 26 **Cote, Alain** CAN
 - 27 **Francis, Alan** CAN
 - 28 **Jugan, Bruce** USA
 - 29 **Resegotti, Sandro** ITA
 - 30 **Ischier, Beaufils Xav.** FRA
 - 31 **Driessen, Michiel** HOL
 - 32 **Phillips, Miles** USA
- Tableau of 32*
- 33 **Leroux, Robert** FRA
 - 34 **Nagele, Johannes** AUT
 - 35 **Normie, John** USA
 - 36 **O'Laughlin, Chris** USA
 - 37 **Albarracin, Oscar** SPA
 - 38 **Kalina, Janusz** CAN
 - 39 **Dicori, Sandro** CAN
 - 40 **Weems, Rodney** USA
 - 41 **Shong, Laurie** CAN
 - 42 **Bakonyi, Ron** CAN
 - 43 **Gates, Darcy** CAN
 - 44 **Soter, Paul** USA
 - 45 **Socolof, Joseph** USA
 - 46 **Gredeirer, Alexander** AUT
 - 47 **Rothlander, Herwig** AUT
 - 48 **Anderton, Grant** GB
 - 49 **Di Tella, Rafael** ARG
 - 50 **Lenglet, Olivier** FRA
 - 51 **Gelnam, William** USA
 - 52 **Winter, Lars** FIN
 - 53 **Carpenter, James** USA
 - 54 **Hinz, Gerald** GER
 - 55 **Chouinard, Nicolas** CAN
 - 56 **Bouchereau, Carl** CAN
 - 57 **Gonzalez, Cesar** SPA
 - 58 **Tivonian, Apet** CAN
 - 59 **Pinel, Jean Francois** CAN
 - 60 **Demetriadis, Michel** CAN
 - 61 **Ransom, James** CAN
 - 62 **Depommier, Remi** CAN
 - 63 **Oshima, Mark** USA
 - 64 **Adamcyk, Martin** CAN
 - 65 **Kaminski, Micheal** CAN
 - 66 **Hauser, Laurenz** AUT
 - 67 **Van Galen, Wargo** HOL
 - 68 **Brunning, John** HOL
 - 69 **Yarrison, Robert** USA
 - 70 **Kortekaas, Tom** HOL
 - 71 **Lessard, Felix** CAN
 - 72 **Wetterberg, Don** CAN
 - 73 **Bakonyi, David** CAN
 - 74 **Turcotte, Patrick** CAN
 - 75 **Kalina, Stanislas** CAN
 - 76 **Doss, Jean Louis** CAN
 - 77 **Dicori, Alberto** CAN
 - 78 **Pickup, Darren** CAN
 - 79 **Collinas, Jerome** CAN
 - 80 **Cardyn, Jacques** CAN
 - 81 **Birnbaum, Apel** CAN
 - 82 **Soucy, Maxime** CAN
 - 83 **Bakos, Akos** CAN
 - 84 **Warryn, Borys** CAN
 - 85 **Mc Gregor, Jason** CAN
 - 86 **Savoie, Martin** CAN
 - 87 **Desloges, Francois** CAN
 - 88 **Frigon, Jean Claude** CAN
 - 89 **Zieloncka, Woicieck** CAN
 - 90 **Leroux, Dany** CAN
 - 91 **Kalinas, Mathias** CAN
 - 92 **Courtemanche, Luc** CAN
 - 93 **Molesini, Paolo** CAN
 - 94 **Jabir, Abbelwahar** MOR
 - 95 **Croteau, Clement** CAN
 - 96 **Dupuis, Pierre** CAN
 - 97 **Boussebah, Samir** CAN
 - 98 **Slama, Didier** CAN